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The **CONNECTOR**

Jim Yoe
Jr. Warden

Karen Timmons
Editor

The Newsletter Of
Middleham and St. Peter's Parish



The Rev. David G. Showers, Rector
The Rev. Sarah Akes-Cardwell, Asst. Rector
The Rev. Skip Steiner, Adjunct Clergy

MAY 2017

So What do Monks Do?



I will be in residence at Holy Cross Monastery; An Anglican Benedictine Community of Men, in West Park New York for four weeks starting the 9th of May. This the middle part of my three-month sabbatical. The question I am

often asked is besides praying five times a day exactly what will you be doing with all your time?

The rule of St. Benedict was established in 1223. St. Benedict describes it as “the book of life, hope of salvation, marrow of the Gospel, the way of perfection, the key of paradise, the covenant of an eternal alliance”. The rule talks about the “duty of work, but doing it in a way that does not extinguish the spirit of prayer and devotion. I will have at least three options for work. One is helping maintain the garden. The monastery has a large organic garden which produces much of the vegetables used for their meals. The second option is assisting with tasks in the library, and finally, with the permission of the chef, working in the kitchen. I also have a number of books to read while I am at the monastery, several of them given to me by members of the parish.

Holy Cross has a large guest house and runs many workshops and seminars. I will be staying in a special section which is for long term residents. It is located in the under-croft of the church and consists of four bedrooms, a sitting room, a kitchen and a single bathroom. I will be cooking my own meals when the guest house is closed each week from Sunday through

Tuesday. When the guest house is open, I will be eating my meals with the monks and other guests.

Holy Cross Monastery was founded by the Rev. James Otis Sargent Huntington (1854-1935) in 1884 in New York City. Its focus was on helping the poor and desolate of the lower east side of the city. It briefly moved in the 1890's to Westminster, Maryland, and to its present location in 1902. In addition to its worship life the monks continue to be involved with social ministries in the West Park community.

Peace, David



The Vitality Team Is Under Way

Our “Welcome-Connect-Strengthen” project started with the March 3-5 “How to Reach New People” workshop. The nearly 60 attendees learned a great deal and generated ideas for what we needed to do as a parish. Volunteers were sought to form a “Vitality Team” to take the ideas and develop and guide an action plan. The team is under way and has met three times to start the process. The 17-member team includes:

Rev. David Showers
Joan Shisler
Anne Gross
Josh Bowen
Rickie Hayes
Kristin Sandusky

Rev. Sarah Akers-Cardwell
Karen Timmons
Elizabeth Broadus
Mike Kolenick
Diane Davies
John Wilson

Rev. Skip Steiner
Hugh Davies
Megan Lewis
Anne Hayes
Mark Tonacci

What will the Vitality Team be doing?

Taking the recommendations of the March workshop and preparing a six-month action plan to reintroduce the church to the community, redirecting activities to provide opportunities for inviting the community, and getting all of our ministries to have an outward focus.

As our coach Paul Nickerson advised us, the team's long term goals are:

- ❖ For our team to be the “catalyst” to involve all of the congregation in reaching new people.
- ❖ To make reaching new people a permanent ministry of the parish
- ❖ To focus on getting out in the community, meeting people, building relationships, and inviting, picking up and bringing new folk to worship with us. This is a long-term culture change for us.
- ❖ To see lives changedm spiritually enriched and communities transformed.

As part of the workshop Paul Nickerson and Jim Griffith did a hospitality audit of each of the worship spaces on Sunday, March 5. They provided a set of recommendations for us, which the clergy and team will be working on. One immediate step was to get new signs for the Middleham campus and parish hall, identifying us as an Episcopal Church. There are now two new signs as you enter the drive toward the Parish Hall. If you have any questions regarding the welcome, connect, strengthen initiative or would like to discuss any thoughts you have on the subject, please don't hesitate to contact any member of the Vitality Team.

MayFest is Coming!



May 20th will roll around before we know it -and MayFest will be here.

MayFest is the parish's major fundraiser each year, and all of us need to get together to make it a success.

Volunteers are needed! Please plan to help. Call Cheri Campbell (301-318-3398) or Anne Gross (410-610-2706) for information on this.

MayFest is an indoor yard sale that also includes antiques, a raffle, and a bake sale. Breakfast and Lunch are available. MayFest opens at 6:30 a.m. and runs until 12:30.

MayFest can sell any of the old stuff you have cluttering your home (but no clothing). Are you looking to get rid of old dishes, glasses, linens, small pieces of furniture, appliances, tools, children's toys, pictures, books, Tapes/DVDs/CDs? If you are updating your patio furniture color or style, consider donating it to MayFest. If you are doing some spring cleaning, please remember MayFest!

Donations can be made Monday, May 15th – Friday noon, May 16th , but if you have to get rid of something earlier, please call the Parish Office (410-326-4948).

MayFest setup in the Great Hall begins after the 9:30 a.m. service on **May 14th**.

Bake Sale – Parish Bakers, we’re counting on your delicious homemade baked goods! We need your pound cakes, regular cakes, pies (sweet or savory), cookies, bars and brownies to sell. Please bring them to the Great Hall on Friday afternoon, May **19th** , or first thing on MayFest morning, **Saturday, May 20**.

Raffle – There will be two raffles again this year: A *50-50 Raffle* (winner keeps half the proceeds) and a *Traditional Raffle* with a separate ticket container for each raffle item so you can choose which prize (s) to try for. There will be several wonderful raffle prizes. Raffle tickets - \$1 each or 6 for \$5.00.

PLANTS ARE NEEDED FOR MAYFEST

It is the time of year when plants begin to emerge from the ground. Please consider donating some of those plants to the MayFest Plant sale. If you need pots they are available at the Great Hall. When donating plants please identify them. All kinds of plants are needed for MayFest.

About Our Labyrinth

The following provides you with information about the labyrinth at the Middleham campus of Middleham and St. Peter's Parish.

What is it? It is a large (100' in diameter) walking path. The "Sacred Labyrinth Walk" is the ancient practice of "Circling to the Center" by walking the labyrinth. Labyrinths have been in use for over 4000 years. Their basic design is fundamental to nature and many cultures and religious traditions. Walking the labyrinth clears the mind and provides an opportunity for prayer. (see Sacredwalk.com)



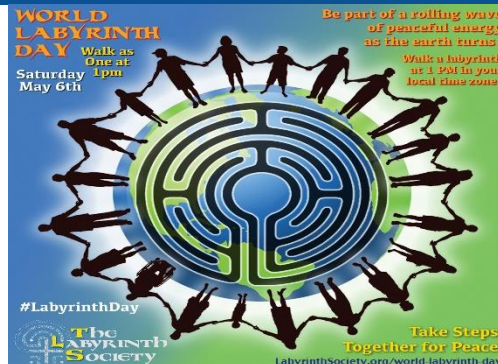
Most popular with churches is the Chartres Cathedral labyrinth pattern. It originated in the early Middle Ages specifically to incorporate Christian meaning and symbolism. The most elegant and best-known version of the Medieval pattern is the one found in Chartres Cathedral, France. It was built in 1201 and still going strong. Our labyrinth is identical in size and design to the Chartres labyrinth. It includes 1100 stones setting out the path, with white stones showing where to turn. The path itself is grass. (see labyrinthproject.com)

Where is it? It is located to the east of the cemetery and just to the north of the

new columbarium. So you can access it by walking from the back parking area of the parish hall on the concrete sidewalk. Then just go to the other side of the tree. Or just walk across from Middleham Chapel. You will see the plaque marking the start. (see photo below) The photo to the right was taken by Paul Fuller with his drone camera.



Who made it? Our labyrinth was constructed in 2008 by the Journey to Adulthood – Young Adults in Church group. Group mentors were Nancy Warren and John Wilson and the youth were Mason Garland, Hannah Batong, Rachel Beck, and Jamie Truitt.



MAY

Christian Formation

In May, the Great 50 Days of Easter continues, moving us closer to the celebration of Pentecost in early June. Check out the opportunities below for youth and families to celebrate this joyous time in the life of the church and mark milestones in the lives of parish members.

Special Activities for Children, Youth, and Families

- **Sunday May 21st**

Youth Group Meets – We'll wind down the program year and celebrate the coming of summer with an afternoon outing. Stay tuned in the Weekly Children and Family email for more details on time and location!



- **Sunday June 4th**

Pentecost Joint Service and Picnic—We'll celebrate the birthday of the Church by marking the coming of the Holy Spirit on Pentecost Sunday. At this service we will also honor high school, college, and higher degree graduates, along with celebrating other ministries. A picnic will follow the service. Please bring your own beverages and a dish to share. Games on the lawn will also be available!



***If you are or a member of your family are graduating, please call (410-326-4948) or email the office (office@middlehamandstpeters.org).**

- **Sunday June 11th**

Ice Cream Social—Mark your calendars now for this celebration following the 9:30am service. All are invited to enjoy ice cream, and mark the end of the program year. Sunday School will take a summer break beginning the following week, but keep an eye out for summer opportunities to stay connected through faith formation and fellowship.



Adult Christian Formation

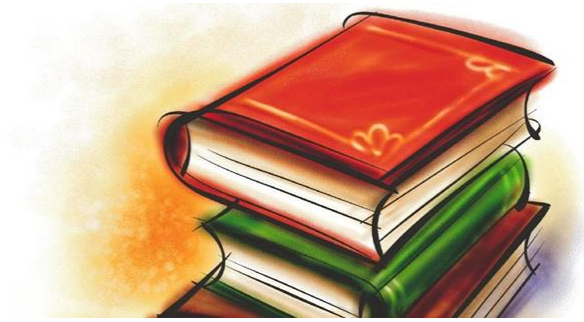
- **Coffee and Conversation** continues Sunday mornings from 10:30-11:30am in the Parish Hall Conference Room. All are welcome!
- **Tuesday Bible Study** is held every Tuesday @ 11:00 AM in the small conference room.

Have questions?

Contact Rev. Sarah assistant.rector@middlehamandstpeters.org or 410-326-4948

New Outreach Initiative

Reading Camp



A Reading Camp, supported by the diocese, has been held at St. Paul's, Prince Frederick for several years. The camp is one of many across the country that seeks to foster a love of reading and improve reading skills for elementary learners. Rev. Sarah and Laura Carpenter are exploring how Middleham and St. Peter's can support the existing camp, and potentially expand it to the southern part of Calvert County. We have an opportunity to learn more about the camp by observing and/or volunteering at St. Paul's Episcopal in Prince Frederick, July 10 - 14.

The camp is for 2nd - 4th. graders and is a free all day camp.

For more information contact Rev. Sarah, assistant.rector@middlehamandstpeters.org or Laura at lmcarpenter@smcps.org

Save The Date for VBS!



Vacation Bible School at Middleham and St. Peter's Episcopal Parish

June 26th- 30th from 9am-12pm

Ages: Pre-K (age 4) - Entering 5th Grade

Spread the word!

Anne Hayes VBS Director

Applications are also available at the Parish Office.

Click below, to access Registration Application.

<http://www.middlehamandstpeters.org/christian-formation/children-and-youth/vacation-bible-school/>



OUTREACH

Helpful Harvest Garden

There will probably still be planting going on in May. Plowing, tilling and smoothing the ground have been delayed due to rain, but the broccoli, planted last month, is loving it. A small patch of healthy looking spinach is thriving and garlic is looking good. The bees are all on the kale flowers and will have a new home to return to soon. Our forest creatures continue to keep Mark on his toes figuring out their paths of entry and trying to block them. Stay tuned for help needed. One thousand sweet potato plants will arrive soon for planting! Sweet potatoes are one of the worlds healthiest foods. They have valuable health benefits including antioxidants, anti-inflammatory nutrients and potential improvement of blood sugar regulation. For more information on sweet potatoes go to whfoods.org. What better nutrition can we provide for our patrons at SMILE? For more garden info contact Kristen and Mark (mark_pesola@hotmail.com)

Nancy Favor for Outreach Ministries

BOY SCOUT HAPPENINGS



Boy Scout Troop 1684:

Fundraiser at Roy Rogers, Monday May 8th, 5-8 PM.

Please grab some tasty food and support the troop! The money raised at these events helps pay for equipment, patches and awards for rank advancement, merit badges and other operating costs. Eat in or carry out!



Thank You,
Robb Hupp
Scoutmaster Troop 1684



Future Cub Scout Pack 1684:

The pack leadership is hosting an informal information session Wednesday, May 3rd, 7-8 PM, at the Parish Hall. Come meet some of the leaders and learn what Cub Scouts has to offer.

May is for MOMS!

So, we all know 2 things about May- one is that it's the month we have Mayfest! The other is that it is when we celebrate Mother's Day! Yeah!-for both. This year we will have the pleasure of having the Community Life Center of Southern Calvert County (CLC-SCC) bring us the Women's Health Expo which for the past few years has been held at the College of Southern Maryland.

This is a great opportunity for us to show our beautiful Parish Hall with almost 40 vendors as well as the Lion's Club Van and the Health Van. Soon there will be ads and posters telling about all the vendors coming to this event. It will be held on **Saturday, May 13th from 9AM-1PM**. The sponsoring organizations are- The Calvert County Commission on Women, Calvert Memorial Hospital, the Calvert County Health Department and the Community Life Center.

Mark your calendars to come by! More information on the next page.

Dale Yoe



"4th Annual Women's Health Expo"

Saturday May 13th

9:00 AM - 1:00 PM

The Calvert County Commission on Women, Calvert Memorial Hospital, the Calvert County Health Department and the Community Life Center of Southern Calvert County (CLC-SCC), are the sponsoring organizations,

bringing the "Women's Health Expo" to Middleham and St. Peter's Parish Hall.

There will be almost 40 vendors as well as the Lion's Club Van and the Health Van.

FREE SCREENINGS:

- Breast Exams
- HIV Testing
- Skin Cancer
- Osteoporosis
- Cholesterol
- Hearing
- Blood Pressure
- Vision
- Body Composition/BMI

Educational Displays/Services:

Calvert Memorial Hospital: Women's Wellness, Breast Center, Diabetes Self-Management, Stroke Center, Family Birthing Center, Lung Cancer

Calvert County Health Department: Crisis Intervention, Smoking Cessation, HIV testing, Substance Abuse, Mental Health, Maternal and Child Health

Calvert County: Commission for Women, Commission on Aging, Parks & Recreation, United Way

National Organizations: American Heart Association, American Cancer Society, National Heart Lung and Blood Institute, Heart Truth, Girl Scouts

Local Organizations: Maryland Insurance Administration, Calvert County Sheriff, Concerned Black Women of Calvert County, Calvert County Master Gardeners, Calvert Hospice, Maryland Office of Attorney General and more!

Mark your calendars, share with friends, spread the word on Facebook!

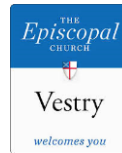


Tuesday, May 2nd @ 10:00 PM - Monthly Staff Meeting.

Tuesday, May 2nd 9th, 18th, 16th, 23rd - @ 11:00 AM - Bible Study



Tuesday, May 2nd @ 7:00 PM - Monthly Vestry Meeting



Wednesday, May 3rd @10:00 - 2:00 PM The Southern Maryland Job Source Mobile Career Center (MCC)



Wednesday, May 3rd, 10th, 17th, 24th & 31st @ 10:30 AM - HEART F.E.L.T. Volunteers Back Pack packing food. This is held every Wednesday in the Parish Hall if you would like to volunteer.

Wednesday, May 3rd @ 1:00 PM - Parish Health Meeting

Wednesday, May 3rd @ 7:00 PM Informal information session on future Cub Scout Troop 1684

Wednesday, May 3rd, 10th, 17th, 24th & 31st @ 7:00 PM Boy Scout Troop 1684

Thursday, May 4th - National Prayer Day



Thursday, May 4th, 11th, 18th & 25th - @ 6:00 PM Bell Choir



Thursday, May 4th, 11th, 18th, & 25th - @ 7:00 PM EFM



Saturday, May 6th World Labryinth Day

Monday, May 8th @ 3:00 PM - Daughters of the King



Monday, May 8th @ 5:00 - 7:00 PM Boy Scout Troop 1684 Fundraiser at Roy Rogers, Solomons, MD

Tuesday, May 9th Food Drop - Volunteers needed for Prep @2:30 PM, Distribution @ 4:30 PM.



Wednesday, May 10th @ 10:00 AM - 2:00 PM A Nurse Practitioner and the Health Van, sponsored by Calvert Memorial Hospital, will be at SMILE.



Thursday, May 11th @ 6:00 PM - SMILE Board Meeting

Saturday, May 13th @ 9:00 - 1:30 PM - 4th Annual Women's Health Expo @ MSP Parish Hall

Sunday, May 14th - Happy Mother's Day



Monday, May 15th @ noon - Asbury Episcopal Fellowship - Topic - Missionary work in Guatemala with Dr. Marty and Betsy Barley. All Are Welcome, you do not need to be a resident - The site will be the Riverview Restaurant and the cost will be \$10.00. Russ Horton is the contact person and he will need your reservation by the Thursday before the event. Contact information:

jrhortonsr@comcast.net or at [410-394-3216](tel:410-394-3216).

Saturday, May 20th @ 6:30 AM - 12:30 - MayFest, Large Indoor Yard Sale.



Thursday, May 25th - @ 7:00 PM Choir



Friday, May 26th - @ 2:00 PM ECW Meeting



Monday, May 29th Memorial Day - Office Closed



Picnic! Sunday June 4th after the Joint Service – Pentecost. Meet up on the Parish Hall grounds starting around 11:30 AM. Hot dogs and hamburgers will be provided. Please bring a side dish to share and something to drink. Bring a neighbor or friend!



Mindfulness Day – Saturday June 17th @ 9:00 – 3:30 PM in the Great Hall. More information in upcoming Weekly Messengers, Facebook, our Website and in the June/July Connector Edition.



Connector Article Deadline

The deadline for submissions for JUNE/JULY CONNECTOR will be MONDAY MAY 15TH.

Thanks so much, Karen Timmons, Communications

Submissions earlier as they are ready are most welcome.



MAY BIRTHDAYS

Eric Rutherford	05/01
Ricky Hayes	05/02
Grayson Broadus	05/03
Veronica Mehl	05/03
William Miller Jr.	05/05
Jason Shank	05/05
Miles Hupp	05/06
Norma Lee Buckler	05/08
Julie Fuller	05/10
Douglas Pardoe	05/12
Gordon Patten	05/12
Jason Pardoe	05/15
Lindsay Connolly	05/16
Christopher Mehl	05/19
Richard Staley	05/20
Cameron Forrest	05/21
Sue Connolly	05/22
Bernie Helms	05/22
Mackenzie Jedrey	05/22
Mary M. Miller	05/22
Quinn Koterwas	05/22
Karin Roscoe	05/24

James (Jim) Yoe	05/26
Jack Cumberland	05/29
Dan Gross	05/31
Mark Tonacci	05/31



MAY ANNIVERSARIES

Paul & Brinson Perks	05/04
John Wilson & Nancy Warren	05/07
Danny & Debbie Chapman	05/08
Joan & Mike Shisler	05/08
Tom & Wendy Briggs	05/20
Sam & Carol Bergeson-Willis	05/24
Mark & Tonya Stanley	05/25

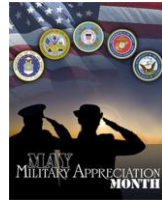
Birthdays and Anniversaries

Each month birthdays and anniversaries of parishioners are listed in the Connector. But our records are not perfect. Even some very long-standing parishioners are not listed. Have you seen your date(s) listed? If not or if you are not sure, please call the office (410-326-4948) to check. We want everyone included!

Thank you, Anne Gross



MAY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:00 PM AA Meeting	2 10:00 AM Staff Meeting 11:00 AM Bible Study 6:30 PM Cub Scouts 427 7:00 PM Vestry 8:00 PM AA Meeting	3 JobSource Van @ SMILE 9:00 AM HE – St. Peter's 1:00 PM Parish Health 7:00 PM Boy Scouts-1684 7:00 PM Informational Meeting Future Cub Scouts	4 6:00 PM Bell Choir 7:00 PM EFM National Prayer Day	5 6:30 PM Girl Scouts-2762 Mediator Training	6 10:00 AM Overeaters Anon 7:00 PM AA Meeting World Labrynth Day
7 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 10:30 AM Sunday School 11:15 AM HE Middleham 2:00 PM Eagle Scout ceremony (Gronda)	8 3:00 PM Daughters of the King 3:30 PM Girl Scouts 5145 6:00 PM AA Meeting	9 11:00 AM Bible Study 2:30 PM Food Dstn prep 4:30 PM Food Dstn 6:30 PM Cub Scouts 427 8:00 PM AA Meeting	10 Health Van @ SMILE 9:00 AM HE – St. Peter's 7:00 PM Boy Scouts-1684	11 6:00 PM SMILE Board 6:00 PM Bell Choir 7:00 PM EFM	12 Diocesan Convention	13 9:00 AM – 1:00 PM Women's Health Expo 10:00 AM Overeaters Anon 7:00 PM AA Meeting
14 Mother's Day 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 11:15 AM HE Middleham MayFest Preparation	15 12:00 PM Asbury Episcopal Fellowship 6:00 PM AA Meeting 7:00 PM – Finance Committee	16 11:00 AM Bible Study 6:30 PM Cub Scouts 427 7:00 PM Reg. Council 8:00 PM AA Meeting	17 9:00 AM HE – St. Peter's 7:00 PM Boy Scouts-1684	18 6:00 PM Bell Choir 7:00 PM EFM	19 6:30 PM Girl Scouts-2762	20 6:30 AM MayFest 10:00 AM Overeaters Anon 7:00 PM AA Meeting
21 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 10:30 AM Sunday School 11:15 AM HE Middleham Youth Group Zip Line outing	22 3:30 PM Girl Scouts 5145 6:00 PM AA Meeting	23 11:00 AM Bible Study 6:30 PM Cub Scouts 427 8:00 PM AA Meeting	24 9:00 AM HE – St. Peter's 7:00 PM Boy Scouts-1684	25 6:00 PM Bell Choir 7:00 PM EFM 7:15 PM Choir	26 2:00 PM ECW	27 Great Hall: Miles Hupp Court of Honor 10:00 AM Overeaters Anon 7:00 PM AA Meeting
28 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 11:15 AM HE Middleham	29 Memorial Day Office Closed 6:00 PM AA Meeting	30 6:30 PM Cub Scouts 427 8:00 PM AA Meeting	31 9:00 AM HE – St. Peter's 7:00 PM Boy Scouts-1684			21

MAY WORSHIP SCHEDULE 2017

DATE	SERVICE Time & Location	CELEBRANT & PREACHER	CHALICIST	READER	GREETERS	HEALING St. Peter's @ 9:00 AM
5-07-17	8:30 St. Peter's	Rev. Akes-Cardwell	Anne Gross	Avery Kury	Bernie Helms & Russ Horton	5-10-17
FOURTH SUNDAY OF EASTER	9:30 Great Hall	Father Showers	Tonya Stanley	Jack Briggs		Fr. Steiner
	11:15 Middleham	Rev. Akes-Cardwell	Jackie Vos	TJ Rivers		
5-14-17	8:30 St. Peter's	Father Steiner	John Wagner	Susie Cook	Mark & Lucy Tonacci	5-17-17
FIFTH SUNDAY OF EASTER	9:30 Great Hall	Rev. Akes-Cardwell	Diane Davies			Rev. Akes- Cardwell
	11:15 Middleham	Father Steiner	Mike Shisler	Karen Wilson		
5-21-17	8:30 St. Peter's	Rev. Akes-Cardwell	Laura Carpenter	Sharleen Wagner	John & Sharleen Wagner	5-24-17
SIXTH SUNDAY OF EASTER	9:30 Great Hall	Father Steiner	Tom Briggs	Avery Kury		Fr. Steiner
	11:15 Middleham	Rev. Akes-Cardwell	Karen Wilson	Bonnie Tolson		
5-28-17	8:30 St. Peter's	Father Steiner	Jane Knox	Sally Arbuthnot		5-31-17
SEVENTH SUNDAY OF EASTER	9:30 Great Hall	Rev. Akes-Cardwell	Chris Davies			Rev. Akes- Cardwell
	11:15 Middleham	Father Steiner	Mike Shisler	Brenda Hollweger		

Altar Guild

ST. PETER'S: BETTY EBLE & ANNE GROSS
 GREAT HALL: DIANE DAVIES & ANNE GROSS
 MIDDLEHAM: BONNIE TOLSON & BARBARA BARRETT

**Fr. David,
We wish you well during your Sabbatical.**



Hope you return refreshed from Holy Cross Monastery.



Holy Cross Monastery

An Anglican Benedictine Community of Men

