

Joan Shisler
Sr. Warden

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www.middlehamandstpeters.org

The **CONNECTOR**

Jim Yoe
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Editor



The Rev. David G. Showers, Rector
The Rev. Sarah Akes-Cardwell, Asst. Rector
The Rev. Skip Steiner, Adjunct Clergy

MAY 2019

Reverend Sarah Akes-Cardwell



Come celebrate Sarah's ministry with us on Sunday, May 19th. She will be serving at the 9:30 am Smith Hall service and a reception will follow at 10:30 am in Smith Hall.

Treasurer's Corner



I hereby dub the Treasurer's Corner for May as the Thank You Corner. Sometimes we forget to say thank you to those folks who work behind the scenes to make everything run smoothly. So, this month I want to give my heart-felt thanks to the following folks:

Thank you to all that supported, contributed, worked, and went to the Spring Dinner. Thank you especially to Dale and Jim Yoe who pulled this event together; the donation of the beef by the Horsmon Farm (Kathy Cosgrove), and the 26 folks that worked so hard to make the event a success. It was a wonderful meal, thanks to Chef Ryan and Christina Jedrey and music by Beth Lanier was perfect.

Thank you to Joan Shisler for completing the assembly of the Palm Sunday and the Easter Vigil liturgy booklets. Thank you, Joan, also for your leadership during this time of transition. Your calm, steady leadership helps the rest of us from losing our heads.

Thank you to Jim Yoe for taking wonderful care of our buildings and property and Hugh and Diane Davies for making sure Smith Hall is set up the right way at the right time. You all have worked hard to make our church home a beautiful place to worship.

Thank you to Anne Gross who maintains our church office, the church calendar, and keeps David and Sarah in line. Without you, Anne, our Eucharist bread would not be baked, the ECW would be leaderless, and our bulletins would go unpublished. That is just scratching the surface.

Thank you to Karen Timmons who maintains our church website, develops the newsletters, takes pictures of our events, ensures that our many ministries are advertised and our community knows about us through our Facebook, the Connector, Weekly e-mail and flyers.

AND, thank you to the Rev. Sarah Akes-Cardwell who in 3 short years has brought her ministry to our children at the 9:30 Smith Hall service, Sunday School, Youth Groups and through special events all year long. Although her ministry with us will soon come to an end on May 19th, we bid her blessing on her new adventures in ministry.

Jackie Vos, Treasurer

Christian Formation

In May, the Great 50 Days of Easter continues, moving us closer to the celebration of Pentecost on June 9th. Check out the opportunities below for youth and families to celebrate this joyous time in the life of the church and mark milestones in the life of our community. *Have questions? Contact the Parish Office: 410-326-4948*

Sunday May 5th: Star Wars Sunday

May the Force be with you...and also with you.

At the 9:30am Smith Hall service we'll celebrate the Force and the Good News. Bring your costumes and Star Wars memorabilia for this theme Sunday!



Sunday May 12th: Baptism Celebration!

Tyler Jeffrey will be baptized and marked as Christ's own forever during the 9:30am Smith Hall service. Following this celebratory worship service we will have refreshments and welcome the newest member into the Body of Christ!

***Because of the Mother's Day holiday, children and youth Sunday School will not be held. ***



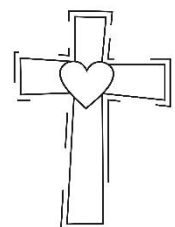
Friday May 17th- Saturday May 18th: Youth Group Lock-In

The Middle and High School Youth will spend the night in the Parish Hall! All 6th-12th graders are welcome. We'll have games, conversation, movies, snacks, and maybe a little sleep. RSVP to Rev. Sarah or Anne Hayes.



Sunday May 19th: Celebration of Rev. Sarah's Ministry

This is Rev. Sarah's last Sunday at MSP. Join her for worship at the 9:30am Smith Hall Service. A reception will be held at 10:30am to celebrate her time in this community and send her off well into this next phase of ministry!



Children and youth Sunday School will not be held.

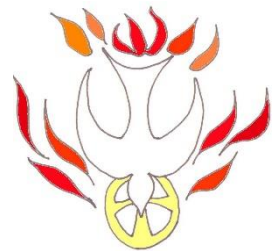
Sunday June 2nd: Sunday School Recognitions & Ice Cream Social

During the 9:30am service teachers and students will be recognized for their participation in Sunday School and Youth Group. Following the service, all are invited to enjoy ice cream and mark the end of the program year. Sunday School will take break for summer beginning June 9th.



Sunday June 9th: Pentecost Joint Service and Picnic

We'll celebrate the coming of the Holy Spirit on Pentecost Sunday! At this 9:30am service we will honor high school, college, and higher degree graduates, along with celebrating other ministries. Education for Ministry graduates and Senior Acolytes will also be recognized. Come dressed comfortably to attend the picnic immediately following the service (~11:15am). Please bring your own beverages and a dish to share. Games on the lawn will also be available!



***If you are or a member of your family are graduating, please call (410-326-4948) or email office@middlehamandstpeters.org.**



Save the Date!

Vacation

Bible School

with Christ Church Port Republic

July 15th-19th

PreK-Rising 6th Graders

9am-12pm

(3100 Broomes Island Rd. Port Republic, MD)

We're building upon the strong VBS partnership we began last year with Christ Church. Middleham & St. Peter's has historic ties to this neighboring Episcopal parish and we are deepening this relationship to offer a robust offering of faith and fun this summer.

There are plenty of volunteer opportunities!

If you have questions call the parish office 410-326-5948.

There's a special celebration dinner for parents and campers on Thursday evening 7/18.

Stay tuned for more registration details in the weekly email.

Adult Christian Formation

✝ **Coffee and Conversation** continues on Sunday mornings from 10:30-11:30 am in the Parish Hall Conference Room. All are welcome! Any questions contact Hugh Davies @ daviesh@comcast.net.

✝ **Coffee and Conversation at Asbury in Solomons on 3rd Friday @ 10:00 AM**

✝ **Bible Study** - Join Fr. Skip Steiner with a small group study each Tuesday @ 11:00 – Noon in the small conference room. We look at the Gospel for the upcoming Sunday. Then we reflect based upon “Feasting on The Word”, and engage in discussion. Please join this small group whenever it fits your schedule. It’s informal, and all are welcome.

✝ **Conversations with Fr. David Showers** - “Come Tell Me A Story” Free Drink With A Story Every Wednesday 2:00 – 4:00 PM @ Roy Rogers in Solomons, MD.

May is the wind down month, similar to the academic year.

Coffee and Conversation at Asbury will continue through the summer.

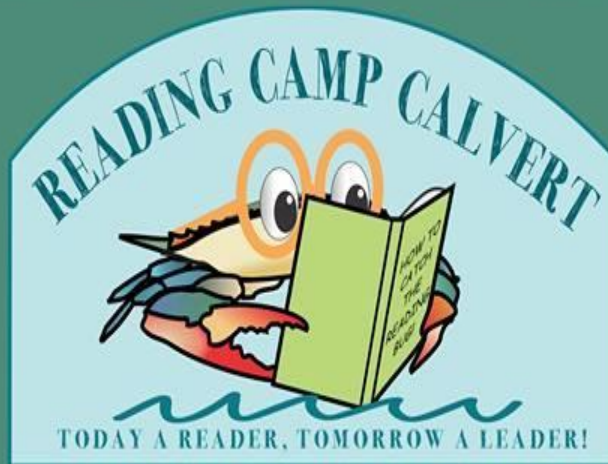


Asbury Episcopal Fellowship will meet for lunch on Monday, May 20, 2019 at noon in the Asbury dining room. As usual, there will be the Noon Day Prayer service, lunch and a program, followed by Holy Eucharist. The speaker will be Wendy Whiting Blome, PhD, presenting a program about the Spafford Children's Center in Jerusalem which serves Palestinian children. The Center was founded in 1925 by one of the daughters of Anna and Horatio Spafford and has been in continuous existence for almost 100 years. Horatio Spafford was a prosperous lawyer in Chicago in the late 1800's and planned a trip to Europe for his family, his wife and four daughters. At the time of departure, a business deal materialized that required Spafford to remain in Chicago but his wife and four daughters went ahead, sailing from New York as scheduled. He planned to join them later. Unfortunately, the ship they were on collided with another ship and sank. Anna Spafford survived but the four daughters drowned. As Horatio Spafford was following them later, when the ship was in the middle of the Atlantic Ocean, the ship's captain told Spafford that they were sailing over the spot where the ship had gone down with his four daughters. Horatio Spafford went to his stateroom and started writing the poem "It is well with my soul" which was later set to music and has become a well loved hymn. The Spaffords later had two more daughters and a son. Dr Blome, who is coming to speak, is the great granddaughter of Horatio and Anna Spafford. She will show slides and give information about the Spafford Children's Center located inside the Old City, near the Damascus Gate. Another facility provides medical services and immunizations.

The charge for the lunch is \$11 and reservations must be made to Russ Horton 410-394-3216 or JRHortonSr@comcast.net by May 16 noon.

SAVE THE DATE

READING CAMP
CALVERT NORTH
AT
ST. PAUL'S
EPISCOPAL CHURCH
PRINCE FREDERICK
JULY 8-12, 2019



READING CAMP
CALVERT SOUTH
AT
MIDDLEHAM &
ST. PETERS
EPISCOPAL CHURCH
LUSBY
JULY 22-26, 2019

READING ROCKS

Basically the Reading Camp is for students who have completed grades 2-4, are one or more grade levels behind in reading, don't like to read and don't choose to read independently. Students are preselected for this by their school. They have to be recommended by their teacher / school and have to fill out an application. If you want to volunteer to help that week we will know more about what is needed as we get closer to the date. If you have any more questions, please call the office, 410-326-4948.

PARISH HEALTH



May is High Blood Pressure Education Month

It is important to know what blood pressure is and why we check it. Taking your blood pressure is a measurement of how hard your heart is working to pump blood through your arteries.

What the two numbers mean: The first number (systolic) is the pressure in the arteries when the lower part of the heart beats and squeezes blood against the artery wall. The second number (diastolic) is the pressure in the blood vessels between heart beats.

Normal adult blood pressure is between 90/60 and 120/80.

High blood pressure itself doesn't usually have symptoms. It's the complications from high blood pressure that present symptoms such as shortness of breath, headaches, chest pain, and slurred speech. Untreated high blood pressure can cause heart failure, heart attack, stroke, or kidney failure. These can be debilitating events, largely preventable.

Reduce your risk by eating healthier, exercising (even walking more can help) and limit tobacco and alcohol use.

If you have your blood pressure checked and it is usually higher than 120/80, please see your health care provider, take the prescribed medication and make lifestyle changes as needed. This will help you maintain a healthy and happy life!

Resourced from Calvert Health Magazine Spring 2019

Submitted for Parish Health by Janet Werner

OUTREACH

The Outreach Committee meeting is scheduled for Wednesday May 1st at 6:00 PM.

Please contact Carolyn Steiner for information.

Please note that the Food Distribution has been moved to the 3rd Tuesday in May instead of the typical 2nd Tuesday.

Thank you for volunteering to assist with this as usual.



mark_pesola@hotmail.com





MayFest Preparation and Drop Offs accepted Monday April 29th through Friday May 3rd

Wednesday, May 1st @ 10:00 AM - 2:00 PM - The Southern Maryland Job Source Van - SMILE

Wednesday, May 1st, 8th, 15th, 22nd & 29th @ 10:30 AM HeartFELT packing volunteers welcome

Wednesday, May 1st, 8th, 15th, 22nd & 29th @ 2:00 – 4:00 PM Fr. David Showers at Roy Rogers

Wednesday, May 1st, 8th, 15th, 22nd & 29th @ 7:00 PM Boy Scout Troop 1684

Thursday, May 2nd National Day of Prayer

Thursday, May 2nd, 9th, 16th, 23rd and 30th @ 7:00 PM Education For Ministry (EFM)

Saturday, May 4th @ 6:30 AM MayFest

Saturday, May 4th International Labyrinth Day

Sunday, May 5th @ 9:30 Star Wars Sunday

Sunday, May 5th @ 11:30 AM Acolyte Rehearsal

Monday, May 6th @ 5:00 PM Community Life Center Board Meeting

Monday, May 6th @ 6:30 PM Drum Circle class

Tuesday, May 7th @ 10:00 AM Staff Meeting

Tuesday, May 7th, 14th, & 28th @ 11:00 AM Bible Study

Tuesday, May 7th @ 6:30 PM Evening Meditation in Smith Hall – (no gathering on May 21st)

Tuesday, May 7th @ 7:00 PM Vestry Meeting

Wednesday, May 8th @ 10:00 AM – 2:00 PM A Nurse Practitioner and the Health Van,

sponsored by Calvert Memorial Hospital, will be at SMILE.

Thursday, May 9th @ 6:00 PM SMILE Board Meeting

Thursday – Saturday May 9th – 11th – Diocesan Convention

Friday, May 10th @ 10:00 AM – Books & Banter Mystery Book Club @ Roy Rogers

Sunday, May 12th Mother's Day

Monday, May 13th @ 3:00 PM - Daughters of the King

Wednesday, May 15th @ 10:00 AM – 2:00 PM HIV VAN at SMILE

Thursday, May 16th, 23rd, & 30th @ 6:15 Bell Choir

Friday – Saturday, May 17th & 18th – Youth Group Lock In

Sunday, May 19th @ 10:30 AM Reception for Rev. Sarah

Monday, May 20th @ Noon Asbury Episcopal Fellowship & Holy Eucharist

Tuesday, May 21st @ 1:00 PM Food Distribution Prep time, volunteers needed

Monday, May 27th Memorial Day – Office Closed



Connector Article Deadlines

The deadline for submissions for JUNE/JULY (COMBO) EDITION is THE WEEK OF MAY 13TH.

Thanks so much, [Karen Timmons, Communications](#)



MAY BIRTHDAYS

Eric Rutherford	05/01
Ricky Hayes	05/02
Grayson Broadus	05/03
Veronica Mehl	05/03
William Miller Jr.	05/05
Jason Shank	05/05
Scott Galczynski	05/06
Miles Hupp	05/06
Norma Lee Buckler	05/08
Rory Hayes	05/09
Julie Fuller	05/10
Douglas Pardoe	05/12
Gordon Patten	05/12
Lora Harris	05/15
Jason Pardoe	05/15
Lindsay Connolly	05/16
Christopher Mehl	05/19
Richard Staley	05/20
Cameron Forrest	05/21
Sue Connolly	05/22
Bernie Helms	05/22

Mackenzie Jedrey	05/22
Quinn Koterwas	05/22
Karin Roscoe	05/24
James (Jim) Yoe	05/26
Dan Gross	05/31
Mark Tonacci	05/31



MAY ANNIVERSARIES

Paul & Brinson Perks	05/04
John Wilson & Nancy Warren	05/07
Danny & Debbie Chapman	05/08
Joan & Mike Shisler	05/08
Tom & Wendy Briggs	05/20
Sam & Carol Bergeson-Willis	05/24
Steve & Leanne Lyle	05/24
Mark & Tonya Stanley	05/25

Birthdays and Anniversaries

Each month birthdays and anniversaries of parishioners are listed in the Connector. But our records are not perfect. Even some very long-standing parishioners are not listed. Have you seen your date(s) listed? If not or if you are not sure, please call the office (410-326-4948) to check. We want everyone included!

LOVE ONE ANOTHER

LOVE ONE ANOTHER. JUST AS I HAVE LOVED YOU JOHN 13:34

THE NATIONAL DAY OF PRAYER | MAY 2, 2019



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
 Happy Mother's Day MAY 12TH	MAYFEST SETUP DONATIONS RECEIVING		1 9:00 AM HE-St. Peter's 10-2:00 PM JobSource Van @ SMILE 10:30 AM HEARTFELT 2:00 PM Fr. David @ Roy Rogers 6:00 PM Outreach Meeting 7:00 PM Boy Scouts - 1684	2 National Day of Prayer 7:00 PM EFM	3 5:00 PM Girl Scouts Troops 2762/4545	4 MAYFEST 6:30 AM – 12:30 PM 10:00 AM Overeaters Anon 7:00 PM AA Meeting International Labyrinth Day
5 8:30 AM HE St. Peter's 9:30 AM HE Smith Hall STAR WARS SUNDAY 10:30 AM Christian Formation 11:15 AM HE Middleham 11:30 Acolyte Rehearsal	6 5:00 PM Community Life Center Board MTG 6:00 PM AA Meeting 6:30 PM Drum Circle Class	7 10:00 AM Staff Meeting 11:00 AM Bible Study 6:30 PM Meditation 7:00 PM Vestry Meeting 8:00 PM AA Meeting	8 9:00 AM HE-St. Peter's 10:00 – 2:00 Health Van @ SMILE 10:30 AM HEARTFELT Packing 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts – 1684	9 6:00 PM SMILE Board Meeting 7:00 PM EFM DIOCESAN CONVENTION	10 10:00 AM Books & Banter Mystery Book Club @ Roy Rogers in Solomons 5:00 PM Girl Scouts Troops 2762/4545	11 10:00 AM Overeaters Anon 7:00 PM AA Meeting
12 Mother's Day 8:30 AM HE St. Peter's 9:30 AM HE Smith Hall 10:30 AM Special Activities 11:15 AM HE Middleham	13 3:00 PM Daughters of the King 5:00 PM Girl Scouts 5145 6:00 PM AA Meeting	14 11:00 AM Bible Study 8:00 PM AA Meeting	15 9:00 AM HE-St. Peter's 10:00 – 2:00 HIV Van 10:30 AM HEARTFELT Packing 7:00 PM Boy Scouts – 1684	16 Reservations Due for Asbury Fellowship 6:15 PM Bell Choir 7:00 PM EFM	17 10:00 AM Asbury Coffee & Conversation 5:00 PM Girl Scouts Troops 2762/4545 YOUTH LOCK IN	18 10:00 AM Overeaters Anon 7:00 PM AA Meeting
19 8:30 AM HE St. Peter's 9:30 AM HE Smith Hall 10:30 AM Rev. Sarah's Reception 11:15 AM HE Middleham	20 12:00 PM Asbury Episcopal Fellowship & Holy Communion 6:00 PM AA Meeting	21 1:00 PM Food Distribution Prep 2:00 PM Food Distribution 8:00 PM AA Meeting	22 9:00 AM HE-St. Peter's 10:30 AM HEARTFELT Packing 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts – 1684	23 6:15 PM Bell Choir 7:00 PM EFM	24 5:00 PM Wedding Rehearsal 5:00 PM Girl Scouts Troops 2762/4545	25 10:00 AM Overeaters Anon 2:30 PM Wedding @ St. Peter's Chapel 7:00 PM AA Meeting
26 8:30 AM HE St. Peter's 9:30 AM HE Smith Hall 10:30 AM Special Activities 11:15 AM HE Middleham	27 MEMORIAL DAY OFFICE CLOSED 5:00 PM Girl Scouts 5145 6:00 PM AA Meeting	28 11:00 AM Bible Study 8:00 PM AA Meeting	29 9:00 AM HE-St. Peter's 10:30 AM HEARTFELT Packing 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts – 1684	30 6:15 PM Bell Choir 7:00 PM EFM		