The CONNECTOR

Jim Yoe Karen Timmons Jr. Warden Editor





The Rev. David G. Showers, Rector The Rev. Sarah Akes-Cardwell, Asst. Rector The Rev. Skip Steiner, Adjunct Clergy



NOVEMBER 2018

Go and Do Likewise

In a discussion some years ago, I offered the observation that Jesus was a Jew and a member of the Israeli nation. The immediate response of a person in the group was "no he is not he is a Christian and the founder of the church." Jesus was born, raised, lived and died as a Jew. The church was the creation of his early followers as they sought ways to follow his teachings and to live in community with each other and the larger world.

This life together, when you read the book of Acts and the Letters of Paul was a struggle with lots of disruptions, disagreements, and arguments. They discovered the life of Jesus was not an easy one to emulate. It made many of them very uncomfortable because it disregarded many kinds of social norms, and religious teachings, and historical boundaries. By example and teaching Jesus offered his disciples new ways of behaving and relating to all persons regardless of their social status, ethnicity, or religious background.

In the 10th Chapter of Luke Jesus talks with a religious leader about who is your neighbor. His example of a neighbor is a Samaritan, who Jews regarded not worthy of God's attention or they considered as part of the "the saved". Jesus constantly challenged the norms of his society about who God was interested in and who was "in or out" of God's grace and mercy. The early church discovered they needed others to help them learn how to live in these new relationships with people they had often regarded as "not part of my tribe."

His Holiness the Dalai Lama and Archbishop Desmond Tut in the Book of Joy were "both insistent that humility is essential to any possibility of joy. When we have a wider perspective, we have a natural understanding of our place in the great sweep of all that was, is, and will be. This naturally leads to humility and recognition that as human beings we can't solve everything or control all aspects of life. We need others. The Archbishop points out that our vulnerabilities, our frailties and our limitations are a reminder that we need one another. We are created for interdependence and mutual support. The Dalai Lama reminds us not to get caught up in roles and indeed arrogance is the confusion between our temporary roles and our fundamental identity.

Our fundamental identity as a follower of the risen Jesus is in the words of Scripture (Luke 10:27) is to be a person who "loves the Lord your God with all your heart, all you soul, with all your strength, and with all our mind, and your neighbor as yourself." Jesus said to the religious leader, this is what it means to be my disciple; go and do likewise.

Peace,

Fr. David Showers

Pastoral Care



Skip, Sarah, and I need your assistance. We all hold pastoral care as one of our core values. We seek to always be available to people when individuals or families are facing a stressful situation. This can be messy transitions, medical concerns, unexpected turn of events, deaths, etc. Please be sure to let one of us know, or notify the parish office when you, a friend or a loved one is facing difficult circumstances. I would rather be informed of a situation three or four times rather then learn about it days or a week after it happened. Please phone, text, or email us with any pastoral concerns for yourself or other members of the congregation or the community.

Parish Office	410-326-4948	office@middlehamandstpeters.org
Fr. David Showers	410-326-4948	rector@middlehamandstpeters.org
Rev. Sarah Akes-Cardwell	410-326-4948	assistant.rector@middlehamandstpeters.org
Fr. Skip Steiner	410-326-4948	office@middlehamandstpeters.org



MIDDLEHAM CAMPUS

@ SMITH HALL

ALL SAINTS'
CELEBRATION
JOINT SERVICE
SUNDAY NOVEMBER 4TH
@ 9:30 IN SMITH HALL



SUNDAY
NOVEMBER 18TH
@ 9:30 AM
JOINT SERVICE
SMITH HALL

"THANK YOU FOR GIVING" STEWARDSHIP CELEBRATION



When there are Joint Services no services are held at the chapels and no Sunday school classes. Childcare is provided.

Please remind family and friends



Treasurer's Corner



Our Second Annual Harvest Tea was held on October 20. We had about 30 in attendance. A beautiful wreath made by Maryellen Kalivoda (new member) was raffled, we also had door prizes, and wonderful homemade goodies. We made \$800 towards the operating budget. Thank you to our Tea Committee Joan Shisler, Anne Gross, Leanne Lyles, Maryellen Kalivoda, Sally Ray, and Karen Timmons for all of their work, I greatly appreciate it. Jackie Vos 410 326 2265.

As we move forward from Stewardship month, please remember the convenience of using our online donation, "VANCO". Directions are on the <u>parish website</u>, and if you need assistance to change your giving amount at any time, please call the parish office @ 410-326-4948 or email <u>office@middlehamandstpeters.org</u>. Thanks for pledging, and there is still time to make a pledge too.

In addition to pledging your support on a monthly basis, please remember that you can give to Middleham and St. Peter's every time you buy something from Amazon.com

Middleham and St. Peter's has an account on AMAZON.SMILE. Click the link for program information if you have not setup Middleham and St. Peter's Parish for your purchase donation. Your purchases on AMAZON.SMILE provides.05% sent to MSP. It's the same place with all the good stuff, but you must begin at AMAZON.SMILE.

Amazon Smile

Holiday shopping may be on your doorstep if not already begun.





Our Stewardship theme this year is Transforming Generosity. When I first heard it I really had to think about what that meant exactly. I came up with the idea that we normally think of giving as a once a year thing. We've been trained to focus on the one month Stewardship Campaign from the beginning of October to the beginning of November. Then we are off the hook. By transforming the way we think about Stewardship, I came to realize that Stewardship is a year round event. Granted we ask that you consider what you can pledge to the church for one year, but being generous has no boundaries. How we give and what we give, not only financially, but of ourselves each and every day make us good stewards of God.

God has blessed each and every one of us with gifts we should share. Re-gifting in this case is totally great. Every day we should be thinking of how we can use our time and energy for doing good work, caring for each other and being thankful for the many

blessings we have been given. By intentionally focusing on the amazing ways of how we can be good stewards, we can transform how we think about how generous we can be every day.

Thank you to those of you who have already pledged to keep Middleham and St. Peter's up and running. If you are still mulling over what you can give financially to support your church, where we do so much to help so many, please prayerfully consider pledging now. Middleham and St. Peter's needs you!

Blessings, Joan Shisler, Senior Warden



A Really Important Estate Planning Seminar Sunday November 18 at 2:00 pm at Smith Hall

With a Focus on How the New Tax Law Impacts You and Your Estate Planning

The finance committee invites you, your family and your friends and neighbors to an important and timely estate planning seminar led by attorney Amy D. Lorenzini, a partner at Cumberland and Erly LLC.

Her presentation will feature:

- What does the Tax Cuts and Jobs Act of 2017 mean for my estate planning? Do I need estate planning now that the federal basic exclusion amount has doubled?
 - I will address the importance of reviewing and creating estate planning documents including Wills and Trusts in light of the Tax Cuts and Jobs Act of 2017. I will also address the Maryland Estate Tax and Maryland Inheritance Tax.
- Should I increase my Charitable Donations in light of the Tax Cuts and Jobs Act of 2017?

 I will address questions and strategies with regard to Charitable Trusts and Donor Advised Funds.
- Have my life insurance needs changed as a result of the Tax Cuts and Jobs Act of 2017?

 I will talk about estate planning strategies for coverage of estate and future costs.
- What other documents could I have prepared that would be useful in my estate planning?

 I will address the use of Power of Attorney, Advance Directive, and MOLST documents.

Amy D. Lorenzini is a partner at Cumberland & Erly, LLC. Before joining Cumberland & Erly, LLC, Mrs. Lorenzini was an Assistant State's Attorney for St. Mary's County where she was in charge of the child support enforcement unit and prosecuted district and circuit court criminal matters. Presently, her practice focuses on the areas of wills and estates, as well as business law, property law, land use and zoning, environmental and Maryland Department of Environment defense. Mrs. Lorenzini has achieved an AV rating from Martindale-Hubbell, the national directory of attorneys, indicating that her peers rank her legal ability and ethical standards at the highest level of professional excellence.



Mrs. Lorenzini earned her Bachelor of Arts degree from the University of Maryland, College Park in 1998, and her Juris Doctor from the University of Maryland School of Law in 2001. Following law school, she clerked for the Honorable Marvin S. Kaminetz, retired, Circuit Court for St. Mary's County, Maryland. Mrs. Lorenzini is admitted to practice law in Maryland and the United States District Court for the District of Maryland.

Mrs. Lorenzini is currently serving her second year on the Maryland State Bar Association Board of Governors and is active in the State and Local Bar Associations. She is a past president of the Calvert County Bar Association and has served two terms on the Board for the Calvert County Bar. In addition, Mrs. Lorenzini serves as the Chairperson of the Calvert County Pro Bono Committee. She has been awarded a Certificate of Congressional Recognition, was honored by the Calvert County Commissioners on Law Day 2010, and has received numerous other awards. Mrs. Lorenzini is a member of the American and Maryland Bar Foundations, an honor reserved to the top in the legal field.

Meet Lauretta Grier

Lauretta Grier is the woman pictured on the left. She is shown receiving the annual Peace Builders Award from the Community Mediation Center of Calvert on October 19. She is also, among several community activities, on the Middleham and St. Peter's Big Conversation Committee. She has been instrumental in advising and supporting the committee in its ongoing work to dismantle racism in Southern Maryland.



The Big Conversation Committee has four members outside of the immediate parish membership. In addition to Lauretta, they include Malcolm Funn, who represents the NAACP, and Vicky and Dusty Rhoades from the Community Mediation Center and the local Quaker Meeting. In many respects, these four are part of the Parish. They do countless hours of work for our outreach efforts. The Big Conversation committee reached out to Lauretta when she was supporting the Middleham and St. Peter's Health Fair. Vicky and Dusty supported our Safe Nights and also supported the recent Health Fair. Dale and Jim Yoe can identify many people who support their efforts in the same way with the Community Life Center. We work with our SMILE partners in much the same way.

We are an "outreach" church, doing Christ's work in the community. That outreach happens with the support of many people who may not be formal members but are truly part of our church family. That outreach and engagement has expanded considerably during the last few years. So meet Lauretta, who received the award and acknowledged that a significant part of her "peace building" came through Middleham and St. Peter's Big Conversation.

Please note on your calendar that the next annual Big Conversation sponsored by Middleham and St. Peter's with the support of our 12 partner organizations is on Sunday January 13 from 2 to 5 pm. We will continue the theme of dismantling racism with a focus on education.

BUILDINGS AND GROUNDS

Sacristy at Middleham Chapel



Under the direction of Senior Warden Jim Yoe, the renovation of Middleham Chapel's sacristy is under way. Jim Shepherd helped get it started by creating the plan. Dan Gross, Gary Breeds, and Hugh Davies are doing the actual reconstruction by building new cabinets as well as updating other cabinets with new fronts. Pictures show the initial stages of the renovation.





Grounds Cleanup



We need your help!

Mark your calendar to help with the grounds cleanup on Sunday November 25 from 1:00 to 4:00 pm. We will meet at Middleham chapel. Bring rakes and tarps (and pickup trucks if possible). We will clean up the cemetery and rake the leaves. Those who help may have their hours of work credited to their youth program activities or other parish ministries at the rate of \$10 per hour. Contact Hugh Davies with questions at daviesh@comcast.net.



Christian Formation

This month features two Joint Service Sundays in the Parish Hall. The first is November 4th, when we celebrate All Saints' Day at 9:30am. On November 18th, a parish breakfast (9:30am) followed by a Joint Service (10am) will mark the end of the Stewardship Campaign. There is no Sunday School when we hold Joint Services. Childcare will be available during worship both Sundays. There are many ways to engage your faith life. Check out the offerings below!

Children, Youth, and Families

Friday 11/9—Saturday 11/10: Youth Group Nightwatch NYC Pilgrimage

Several MSP youth will venture with Rev. Sarah and youth from around the diocese to The Cathedral of St. John the Divine in NYC. We will spend the night in this vast sacred space, experiencing joyful fellowship, fun, and worship. On Saturday we will explore part of the city before returning home. Please keep this group in your prayers and stay tuned for updates when we return!



Wednesday 11/21: Youth and Family Pie Making

Youth and adults can sign up for shifts beginning at 10am to lend a hand making pies for this Fall Fundraiser. Pies are ordered by parishioners in time for Thanksgiving the next day, and proceeds go to support a ministry of the youth group's choice. Questions? Contact Carolyn Steiner.



Sunday 11/25: Gratitude Stations

The Sunday after Thanksgiving, in place of regular Sunday School GRATITUDE classes, activities centered on gratitude will be offered from 10:30-11am. Children, youth, and adults are all welcome to participate in this intergenerational offering.

Sunday 12/2: Advent Wreath Making—All ages welcome!

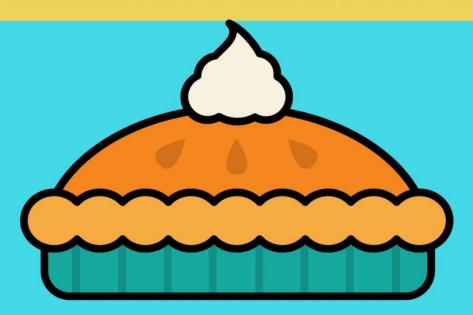
Following the 9:30am service, all are invited to make an Advent wreath as an intergenerational activity. Supplies for one wreath per family will be provided. Resources will be available for how you might pray and engage the season of Advent as individuals and families.



Have questions? Contact Rev. Sarah <u>assistant.rector@middlehamandstpeters.org</u> or 410-326-4948

THANKSGIVNG PIE SALE

FOR THE BENEFIT OF THE MIDDLEHAM & ST. PETER'S YOUTH



ORDER BY 11/18/18

ORDER FORMS AVAILABLE IN ALL 3
WORSHIP SPACES AND IN THE CHURCH
OFFICE.

PICK-UP PIES ON WEDNESDAY 11/21 FROM
SMITH HALL FROM 5-7PM
(EARLIER PICK-UP & DELIVERY OPTIONS
AVAILABLE BY REQUEST)



YOUTH PIE SALE ORDER FORM



Orders Due Sunday November 18th

Help support our parish youth ministry by buying pies for Thanksgiving. Just think, on that busy Thanksgiving Day when you want to be with family, watching football, relaxing and watching a nice movie, or playing outside with family and friends, you won't have to be in the kitchen baking pies

BECAUSE THEY WILL BE DONE!!!!!!

Order now and pick up your homemade pies on Wednesday, Nov. 21st between 5 and 7 PM at Smith Hall. The MSP youth and supportive adults will have them ready, freshly baked that day. Check below if you need to make arrangements for delivery or early pick-up. Pies are 9" and cost \$10 each. Any questions? Ask Carolyn Steiner, Rev. Sarah, or a youth group member.

Name:	
Telephone:	
Number of pies:	
Apple, \$10	Thanks so much for
Cherry, \$10	your support.
Pumpkin, \$10	
Check here if you need a make arrangements.	pie delivered or a different pick up time. We

Adult Christian Formation

Asbury Solomons Episcopal Fellowship

Asbury Episcopal Fellowship will meet on Monday, November 19, 2018 at noon in the Riverview Dining Room. Speaker will be The Rev. Greg Syler, Rector of St. George's and Ascension Churches. His report will be on the actions of the Triennial Convention of the Episcopal Church in Austin, Texas July 2018.

Reservations should be made by November 15, 2018 to Russ Horton, <u>IRHortonSr@comcast.net</u> or <u>place in Cubby 303.</u>

Coffee and Conversation



Coffee and Conversation continues Sunday mornings starting at 10:30 in the Parish Hall large meeting room. Any questions contact Hugh Davies @ daviesh@comcast.net.

Bible Study

Join Fr. Skip Steiner with a small group study each Tuesday @ 11:00 – Noon in the small conference room. We look at the Gospel for the upcoming Sunday. Then we reflect based upon "Feasting on The Word", and engage in discussion. Please join this small group whenever it fits your schedule. It's informal, and all are welcome.

CONVERSATIONS WITH FR. DAVID SHOWERS

"Come Tell Me A Story" Free Drink With A Story Every Wednesday

2:00 - 4:00 PM @ Roy Rogers in Solomons, MD



Parish Health Ministry



November is a time of thanksgiving, about family and caring for your loved ones. We just finished with the first part of our Domestic Violence program in October. The turn out was minimal, but we feel this continues to be an important discussion to be having. Remember that last year there were

46 domestic violence deaths in Maryland- Even 1 is too many.

On **December 2nd** we will have our second program. It will be a panel discussion with experts from Crisis Intervention, Family Health, the Asst. State's Attorney's Office and the Sheriff's Office. If you have any questions, ahead of the program- Please send them to me- Dale at <a href="mailto:you came="you came="

The other thing to remember about November and as we approach the holidays is that November is Diabetes Prevention Month. This is a disease where the levels of blood glucose are above normal. Your body cells use the hormone- Insulin- to help process blood glucose into energy, but those with diabetes have a problem converting food to energy.

Here are some **signs** to look for: Increased thirst, increased hunger, fatigue, increased urination, especially at night, weight loss, blurred vision, sores that do not heal.

Complications of Diabetes can lead to: Eye disease-decreased vision- blindness, Kidney disease, foot problems-infections and sores, mouth problems- teeth and gum issues, and nerve damage numbness, tingling or pain in arms, hands, legs and feet.

To lower your risk of Diabetes: See your MD regularly; make wise food choices- watch serving size, limit fat intake, reduce number of calories and keep a food log; be physical each day- even just to take a walk or park further away from destination and take meds as prescribed.

Learn the Basics: You can save a life!

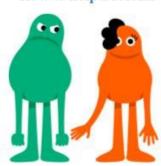
Unhealthy Relationship

Healthy Relationship

How to help a Friend







Panel Discussion with:

Crisis Intervention Center

Adult Social Services

Sheriff's Office

State's Attorney's Office

Sunday, December 2nd at 2 PM

Middleham and St. Peter's Hall 10210 HG Trueman Rd-Lusby

For more information, call 410-326-4948

Presented by the Community Life Center and the Parish Health Team



OUTREACH

FOOD DISTRIBUTION



mark pesola@hotmail.com

TROOP 1684



The troop meets on Wednesdays at 7 pm. Meetings start in the church basement but often go outside. All boys age 11 or who have completed 5th grade can join. Stop by and/or contact RobbHupp@gmail.com for more information.

The troop is proud to announce our newest Eagle Scout, Perrin Hupp!

The troop will be participating in Scouting For Food (SFF) again this year with other local Boy Scouts, American Heritage Girls and Cub Scouts. SFF is the largest annual food drive in the U.S. Bag Drop-offs will be Saturday morning Nov 3rd. Bag Pick-ups will be Saturday Nov 10th and all collected food will go to SMILE.

HeartFELT 2018-2019



We are serving 32 children weekly with Heart FELT backpacks. As our numbers grow our food inventory literally flies off the shelf. Check the bulletin and weekly email for specific items of need in a week to week basis.

As we approach Thanksgiving we will request the following full size items (plastic or cans only, no glass):

Peanut butter

Jelly

Cereal

Spaghetti sauce

Vegetables

If you want to join the team or have any questions, please contact Elizabeth Broadus.

Thank you for your support!

Elizabeth Broadus, HeartFELT Coordinator - elizabethrugales@comcast.net.

Christmas Children

SCOUTING for FOOD

Gifts For Local

Saturday Nov 10th, 2018

& Baltimore Seafarers





Our Christmas gift program is taking a different route this year. We will support the Calvert County Tree of Angels instead of the Christmas Child shoeboxes. We will be providing gifts for local kids. To participate in this program, pick up a tag from the office or at any worship service on 11 November. The tag will tell you the name and sex of the child as well as a gift the child wants.

With the Angel Tree you will each be given the opportunity to select one needy county child and fulfill that child's specific request for one or two items.

We will still be making shoeboxes for the Seafarers in Baltimore Harbor. Lists for these gift boxes are in all worship spaces.

At all services on December 2nd we will collect and bless the wrapped gifts and boxes for the children and Seafarers. These gifts may also be brought in to the office earlier. We hope your interest and participation will be as generous as always.

Please contact Sharleen Wagner at sharleenwagner@gmail.com with questions.



Troop 1684 will be participating in Scouting For Food (SFF) again this year with other local Boy Scouts, American Heritage Girls and Cub Scouts.



SFF is the largest annual food drive in the U.S. Bag Drop-offs will be Saturday morning Nov 3rd. Bag Pick-ups will be Saturday Nov 10th and all collected food will go to SMILE.

- ✓ There are 3 ways to donate non–perishable food, cans preferred:
- Collection Box in the Parish Hall on Sunday November 4th
- Contact Robb Hupp (410-610-4570) to have Boy Scouts pick up donations on Saturday, Nov 10th 8:00 AM to 11:00 AM
- Contact Robb Hupp to make other arrangements for earlier pick up.



Thank you! Troop 1684, Middleham & St. Peter's



Alternative Giving Market

Shopping for gifts can be a real challenge. What can you give someone who really needs nothing? What will be meaningful to that person? An "alternative gift" might be the answer you need! 2018 is the thirteenth year Middleham and St. Peter's has sponsored an Alternative Giving Market.

When you support the Alternative Giving Market, at least two things happen: a charity or outreach project gets needed financial support, and you get a unique Christmas present for that person on your list who has it all. Would your uncle or aunt appreciate that you have made a donation towards providing Mosquito Nets in Africa or supporting SMILE in their name? Maybe your grandchildren would appreciate knowing that a donation in their names was made to provide food for a weekend for a needy child in our community through the backpack program.

Please look at the Alternative Giving Market order blank elsewhere in the Connector for a list of items supported. Please contact the parish office, 410-326-4948, if you have comments or questions.

Middleham and St. Peter's Parish

Alternative Giving Market - Shopping List Christmas 2018

Name:				P	hon	e:						
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The Alternative Giving Market is a wonderful opportunity to see how dollars can be spent to give a meaningful gift. You may drop your order form and payment into the collection plate any Sunday or mail it to the parish office. Checks should be made out to Middleham and St. Peter's Parish, with AGM marked in the memo field. When you select an "item" to "buy", you can get a gift card to give to a friend, co-worker, or family member. If your donations will be Christmas presents, please indicate how many gift cards you would like at the bottom of this form.

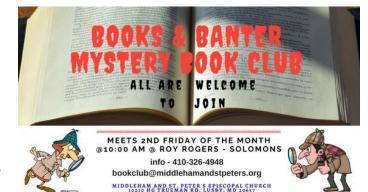
Ministry Area	Suggested Donation	Donated
ALTAR GUILD: Supplies such as linens for our altars, candle supplies, and acolyte vestment will buy a purificator. \$70 will buy a cassock for an acolyte.	nts. \$20 \$20 - \$70	
CHRISTIAN FORMATION : Materials and programs for Sunday school, youth programs, VBS Education, and the Big Conversation. \$25 will buy supplies for a class.	\$15 - \$50	
ECHO HOUSE : \$40 can reimburse a parishioner for a portion of the cost of preparing a m county homeless shelter.	eal for the \$20 - \$40	
ERD (EPISCOPAL RELIEF AND DEVELOPMENT) : \$12 will buy one mosquito net. \$15 will page someone to visit a Health Clinic. \$100 will buy a pig for a family.	\$12 - \$100	
HABITAT FOR HUMANITY : Build houses in Southern Maryland. \$25 can buy nails to build \$50 can buy some of the roof shingles needed for a home.	a home, \$25 - \$200	
HAITI SCHOOL NURSE PROJECT: We are supporting a new school nurse program serving the schools and 600 children in Leogane, Haiti.	\$20 - \$100	
HEALTH MINISTRY : Work to advocate and inform parishioners about stewardship of our through exercise programs and to others in the community less fortunate through Healt screenings.		
HEART FELT BACKPACK MINISTRY : Funds to purchase food to fill backpacks for children area who otherwise would not have food over the weekends.	in our \$10 - \$25	
LABYRINTH: Support the restoration of the outdoor Labyrinth on the Middleham Campu	s. \$10 - \$50	
Mission Trips: Funds to support the Middleham and St. Peter's annual mission trips to a areas. Our missioners rehabilitate housing for those in need.	depressed \$20 - \$50	
Music Program: \$50 will buy a new anthem for the choir. \$150 will provide a stipend for vocalist or instrumentalist.	or a guest \$10 - \$50	
SMILE : Enable SMILE to help our neighbors in need and to purchase food for the needy community.	<i>in our</i> \$10 - \$100	
Outreach: \$25 will be used to support one of our outreach programs.	\$25 - \$50	
I would like gift cards.	Total Donated:	

Books & Banter Mystery Book Club"

Our book club has a few changes this Fall. Friday November 9th @ 10:00 AM @ Roy Rogers in Solomons

This book club is intended to be fun and light reading. Each month we will gather to discuss the book selection, fun conversation, and great breakfast choices. This is open to all from the community so feel free to invite someone.

Book Selection for the November discussion is *A Spirited Tail* (Mystic Notch Cozy Mystery Series Volume 2) by Leighann Dobbs. It is available on Amazon.com In November we will decide what to the read together next.



The book club will meet the 2nd Friday of every month.

This is open to all from the community so feel free to invite someone.

Have any questions just send us an email, bookclub@middlehamandstpeters.org.

"Evening Meditation"

Evening Meditation will be held each month on the 1st and 3rd Tuesdays

@ 6:30 - 8:00 PM.

"We will come together for sitting and walking meditation, followed by a discussion on practicing mindfulness in daily life." This offering is sponsored by Southern Maryland Meditation Community. There is no registration required. Drop-Ins Welcome, open to all in the community. This event is held at Middleham and St. Peter's Parish in Smith Hall.



November Theme is Grace and Gratitude

November 6th and November 20th

For information - Ellie Steveling 443-404-8398 or info@somdmeditationcommunity.org

Nov. Community 3.344, 3rd Day of Mindfulness

Nov 03, 9:00 AM - 3:30 PM Middleham & St. Peter's Episcopal Church, 10210 H G Trueman Rd, Lusby, MD 20657



MORNING PROGRAM 9:00AM - 12:30PM

Registration
Intro to Mindfulness
Guided Meditation
Mandala Workshop
Mindful Walking
Mindful Eating



AFTERNOON PROGRAM 12:30PM - 3:30PM

Mindful Walking Prayer Bead Workshop Wheel of Awareness Mindful Sharing Labyrinth DVD Closing

This event is free. Donations will be gratefully accepted and will go toward the restoration of the community labyrinth on the Middleham campus.

Dress comfortably; bring a mat and cushion for sitting, and a blanket for relaxation. Chairs will be available. Bring a brown bag lunch. We will provide water and tea.

Come for the morning, afternoon or the entire day. Space is limited. RSVP online by Oct. 31 at: https://www.somdmeditationcommunity.org/community-day-of-mindfulness

If your day opens up you may register at the door.

Middleham Chapel Open To The Community

3rd Tuesdays 5:00 PM - 6:00 PM For Personal Prayer, Reflection or Meditation

You can bring something to read or just sit and enjoy the quiet. Bring a light meal and enjoy out at the picnic tables. Meditation evening begins at 6:30 in Smith Hall sponsored by The Southern MD Meditation Community, just a short jaunt over from the chapel and picnic area. All are welcome.



MIDDLEHAM & ST. PETER'S LABYRINTH RESTORATION PROJECT "FINGER LABYRINTH" RAFFLE

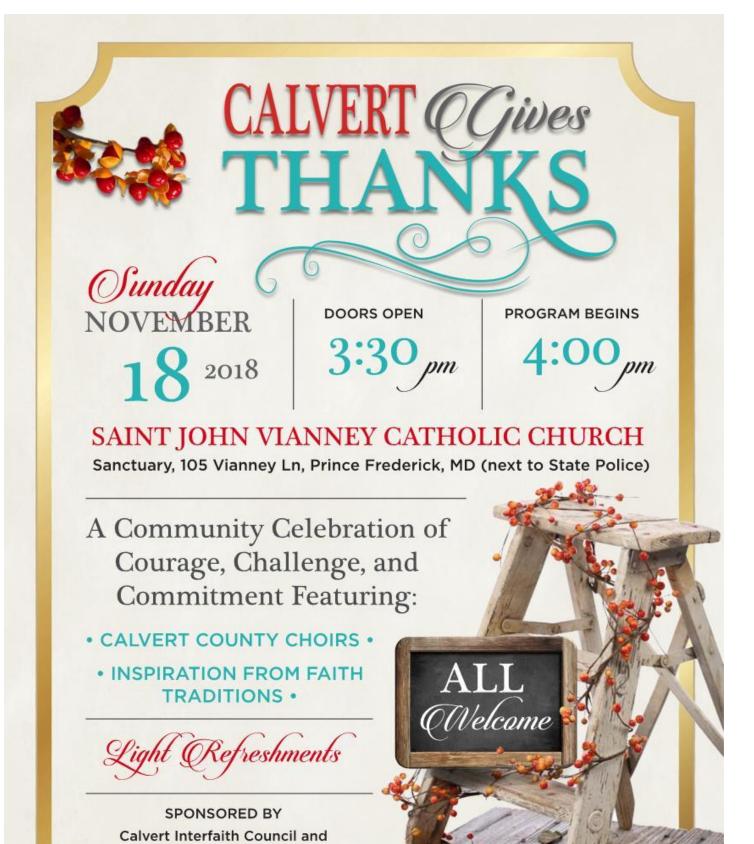
BEAUTIFUL 12.5" TWO-SIDED CARVED BAMBOO FINGER LABYRINTH IN THE CHARTRES STYLE WITH STAND AND INSTRUCTIONS.

> Valued at \$85.00 \$2/ticket \$5/3 tickets Drawing at Evening Meditation December 18th

Raffle Support

information to purchase tickets
Parish Office 410-326-4948
Labyrinth.Restoration@middlehamandstpeters.org
Info@somdmeditationcommunity.org





Daughters of Abraham

calvertinterfaith@gmail.com



Thursday, November 1st , 8th , 15th , & 29th @ 6:15 Bell Choir

Thursday, November 1st, 8th, 15th, & 29th @ 7:00 PM Education For Ministry (EFM)

Saturday, November 3rd @ 9:00 AM - 3:30 PM Community Day of Mindfulness



Sunday, November 4^{th} @ 9:30 AM All Saints Joint Service in Smith Hall. NO SERVICES IN THE CHAPELS OR SUNDAY SCHOOL CLASSES.

Sunday, November 4th Christmas Wreaths etc. Order Form Due

Tuesday, November 6th @ 10:00 AM Staff Meeting

Tuesday, November 6th @ 11:00 AM Bible Study

Tuesday, November 6^{th} & November 20^{th} @ 6:30 PM Evening Meditation in Smith Hall - Open to all, 1^{st} and 3^{rd} Tuesdays.

Tuesday, November 6th @ 7:00 PM Vestry Meeting

Wednesday, November 7th@ 10:00 AM - 2:00 PM - The Southern Maryland Job Source Van - SMILE

Wednesday, November 7th, 14th, 20th, & 28th @ 10:30 AM HeartFELT packing volunteers welcome

Wednesday, November 7^{th} , 14^{th} , 21^{st} , & 28^{th} @ 2:00 – 4:00 PM "Tell Me A Story" Fr. David Showers at Roy Rogers

Wednesday, November 7th, 14th, 21st, & 28th @ 7:00 PM Boy Scout Troop 1684

Wednesday, November 7th & 14th @ 9:00 AM Big Conversation Planning Meeting

Wednesday, November 7th @ 1:30 PM Labyrinth Restoration Committee Meeting

Thursday, November 8th @ 2:00 PM ECW Meeting

Thursday, November 8th @ 6:00 PM SMILE Board Meeting

Friday, November 9th & 10th Troop 1684 Scouting For Food in Smith Hall

Friday, November 9th Youth Group depart for NYC for Night Watch return late Saturday

Friday, November 9th @ 10:00 AM - Books & Banter Mystery Book Club @ Roy Rogers in Solomons

Sunday, November 11th @ 2:00 PM Parish Health Meeting

Sunday, November 11th @ 2:30 - 4:30 PM - White Privilege

Monday, November 12th Veteran's Day Parish Offices Closed

Monday, November 12th @ 3:00 PM - Daughters of the King

Tuesday, November 13th @ 1:00 PM Food Distribution Prep time, volunteers needed

Wednesday, November 14th @ 10:00 AM – 2:00 PM A Nurse Practitioner and the Health Van, sponsored by Calvert Memorial Hospital, will be at SMILE.

Sunday, November 18th @ 9: 30 Joint Service in Smith Hall, Stewardship Celebration with breakfast and service to follow. NO SERVICES IN THE CHAPELS OR SUNDAY SCHOOL CLASSES.

Sunday, November 18th @ 2:00 PM Estate Planning

Sunday, November 18th Thanksgiving Pie Order Forms due.

Monday, November 19th @ Noon Asbury Episcopal Fellowship

Monday November 19th @ 7:00 PM Finance Committee Meeting

Tuesday, November 20th @ 5:00 - 6:00 PM Middleham Chapel Open 3rd Tuesdays each month

Wednesday, November 21st Pickup Thansgiving Pies in Smith Hall between 5:00 - 7:00 PM

Thursday, November 22nd Happy Thanksgiving

Friday, November 23rd Parish Offices Closed for Thanksgiving Break.

Sunday, November 25th @ 12:30 PM Choir Rehearsal

Sunday, November 25th @ 1:00 PM Middleham Campus Cleanup Day

Tuesday, November 27th @ 7:00 PM Regional Council



Wednesday, November 28^{th} , December 5^{th} , 11^{th} , & 18^{th} @ 11:00 AM "Living Well Through Advent", Study Guide by Living Compass.



Connector Article Deadlines

The deadline for submissions for DECEMBER EDITION is TUESDAY NOVEMBER 13th.

Due to Holidays – the deadline for submissions for JANUARY EDITION IS

MONDAY DECEMBER 10TH.

Thanks so much, Karen Timmons, Communications

MARK YOUR CALENDAR!

November 3rd "Community Day of Mindfulness" 9:00 AM - 3:30 PM

November 4th All Saints Joint Service @ 9:30 AM in Smith Hall

November 4th Christmas Wreaths etc. Order Form Due



November 18th "Thanks for Giving" Joint Service and Breakfast @ 9:30 AM Smith Hall Sunday, November 18th Thanksgiving Pie Order Forms due.

November 28^{th} @ 11:00 AM December 5^{th} , 11^{th} , & 18^{th} , "Living Well Through Advent", Study Guide by Living Compass.

December 2nd Domestic Violence Part II @ 2:00 PM

December 1st, 8th & 15th @ 9:30 - 11:00 AM Advent Study - Fr. David Showers

December 5th @ 5:00 - 7:00 PM Spirit Night @ Roy Rogers, Support Troop1684

December 7th & 8th Christmas Walk in Solomons 7:00 PM - 9:00 PM

December 9th @ 2:00 PM Haiti Presentation in Smith Hall

December 14th @ 5:30 Wine & Design

January 13, 2019 Big Conversation - Dismantling racism with a focus on education.



NOVEMBER BIRTHDAY

CELEBRATIONS

Brian King	11/01
Leah Patten	11/02
Noah Patten	11/03
Marjorie Sanguinetti	11/03
Kathryn King	11/04
Greg King	11/06
Sue Hu	11/07
Denton Williams	11/07
Anita Shepherd	11/10
Laura Carpenter	11/14
Mark Stanley	11/14
Bonnie Tolson	11/16
Brinson Perks	11/16
Susie Cook	11/23
Sandy Butler	11/24
Jeffery Hall	11/24
Mary Ellen Davis	11/26



NOVEMBER ANNIVERSARIES

Bryan & Laura Carpenter 11/13

Robert & Dorothy Swann 11/29

Birthdays and Anniversaries

Each month birthdays and anniversaries of parishioners are listed in the Connector. But our records are not perfect. Even some very long-standing parishioners are not listed. Have you seen your date(s) listed? If not or if you are not sure, please call the office (410-326-4948) to check. We want everyone included!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Hello Vovember			1 6:15 PM Bell Choir 7:00 PM EFM	2 Mindfulness Setup In Hall	3 9:00 AM – 3:30 PM – Community Day of Mindfulness 10:00 AM Overeaters Anon
JOINT SERVICE All Saints' Day 9:30 AM HE Service Smith Hall NO SERVICES AT CHAPELS AND NO SUNDAY SCHOOL Alternative Giving Market Kickoff Angel Tree and Seafarers information at services Christmas Wreaths ETC Order Forms Due	5 5:00 PM Girl Scouts 5145 6:00 PM AA Meeting	6 ELECTION DAY 10:00 AM Staff Meeting 11:00 AM Bible Study 6:30 PM Meditation 7:00 PM Vestry 8:00 PM AA Meeting	7 9:00 AM HE-St. Peter's 9:00 AM BC Planning 10-2:00 PM JobSource Van @ SMILE 10:30 AM HEARTFELT 1:30 PM Labyrinth Restoration Committee Mtg. 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts – 1684	8 2:00 PM ECW Meeting 6:00 PM SMILE BRD Mtg. 6:15 PM Bell Choir 7:00 PM EFM	9 SCOUTING FOR FOOD 10:00 AM Books & Banter Mystery Book Club @ Roy Rogers in Solomons 5:00 PM Girl Scouts Troops 2762/4545 Youth Group Night Watch NYC	10:00 AM Overeaters Anon 7:00 PM AA Meeting
8:30 AM HE St. Peter's 9:30 AM HE Smith Hall 10:30 AM Christian Formation 11:15 AM HE Middleham 2:00 PM Parish Health Meeting 2:30 PM White Privilege	12 VETERANS DAY PARISH OFFICES CLOSED 3:00 PM Daughters of the King 6:00 PM AA Meeting	13 11:00 AM Bible Study 1:00 PM Food Distribution Prep 3:00 PM Food Distribution 8:00 PM AA Meeting	9:00 AM HE-St. Peter's 9:00 AM BC Planning 10:00 – 2:00 Health Van @ SMILE 10:30 AM HEARTFELT Packing 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts – 1684	15 6:15 PM Bell Choir 7:00 PM EFM	16 5:00 PM Girl Scouts Troops 2762/4545	17 10:00 AM Overeaters Anon 7:00 PM AA Meeting
18 JOINT SERVICE "Thank You For Giving" Stewardship Celebration 9:30 AM HE Service Smith Hall NO SERVICES AT CHAPELS AND NO SUNDAY SCHOOL Thanksgiving Pie Order Forms Due 2:00 PM Estate Planning	19 12:00 PM Asbury Episcopal Fellowship 5:00 PM Girl Scouts 5145 6:00 PM AA Meeting 7:00 PM Finance Committee Mtg.	20 10:30 AM HEARTFELT Packing 11:00 AM Bible Study 5:00 PM – 6:00 PM Middleham Chapel Open 6:30 PM Meditation 8:00 PM AA Meeting	9:00 AM HE-St. Peter's 2:00 PM Fr. David @ Roy Rogers 5:00 – 7:00 PM Pickup Pies Smith Hall 7:00 PM Boy Scouts – 1684	Thanksgiving Office Closed	5:00 PM Girl Scouts Troops 2762/4545	24 10:00 AM Overeaters Anon 7:00 PM AA Meeting
25 8:30 AM HE St. Peter's 9:30 AM HE Smith Hall 10:30 AM Christian Formation 11:15 AM HE Middleham 12:30 PM Choir Rehearsal 1:00 Cleanup Day Middleham Campus 3:00 PM Minstrels	26 6:00 PM AA Meeting	27 11:00 AM Bible Study 7:00 PM Regional Council Mtg. 8:00 PM AA Meeting	9:00 AM HE-St. Peter's 10:30 AM HEARTFELT packing 11:00 AM Living Well Thru Advent 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts – 1684	29 6:15 PM Bell Choir 7:00 PM EFM	30 5:00 PM Girl Scouts Troops 2762/4545	



Altar Guild

ST. PETER'S: SALLY RAY & SHARLEEN WAGNER GREAT HALL: DIANE DAVIES & ANNE GROSS MIDDLEHAM: GRACE KORN & JACKIE VOS

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DATE	SERVICE Time & Location	CELEBRANT & SERMON	CHALICIST	READER	GREETERS	HEALING St. Peter's @ 9:00 AM
11-04-18 Twenty Fourth Sunday after	9:30 AM Smith Hall Joint Service All Saints'	Rev. Akes-Cardwell Fr. David Showers	Jackie Vos Karl Garland	Avery Kury	Julie Fuller & Joyce Barony	11-07-18 Fr. Showers
Pentecost Proper 26	8:30 AM St. Peter's	Rev. Akes-Cardwell	John Wagner	Judy Seymour		11-14-18
Twenty Fifth Sunday after Pentecost Proper 27	9:30 AM Smith Hall	Father Showers	Julie Fuller			Rev. Sarah Akes-Cardwell
	11:15 AM Middleham	Rev. Akes-Cardwell	Mike Shisler	Brenda Hollweger		
Twenty Sixth Sunday after Pentecost Proper 28	9:30 AM Smith Hall	Father Showers Rev. Akes-Cardwell	Colleen Davies	George Eble	Betty & George Eble	11-21-18 Fr. Steiner
11-25-18	8:30 AM St. Peter's	Fr. Skip Steiner	Sally Ray		Dick & Rosemary Staley	10-31-18
Last Sunday after Pentecost: Christ the King	9:30 AM Smith Hall	Father Showers	Diane Davies			Fr. Showers
	11:15 AM Middleham	Fr. Skip Steiner	Karen Wilson	Karen Timmons		