

The **CONNECTOR**

Jim Yoe
Jr. Warden

Karen Timmons
Editor

The Rev. David G. Showers, Rector
The Rev. Sarah Akes-Cardwell, Asst. Rector
The Rev. Skip Steiner, Adjunct Clergy



OCTOBER 2018



Repair

Recently, car trouble landed me in an auto shop waiting room. I'd known something was not quite right for a while, but it was a flat tire that finally forced me to bring in my car. There was more than the tire that needed to be tended to, and so I waited as repair began. It would take some time. The shop was only about a mile from our apartment, and so I began to walk a route that I drive multiple times a week. I'd never been this way on foot before, and was

surprised by how much I noticed. Bus stops, a forest management area by the Taco Bell, that there's no crosswalk at one of the busy intersections, the sounds of bugs buzzing, and the people I passed along the way. It was a familiar path seen at a new speed and from a different perspective.

I think there are many times in our lives when something feels a little off or we know something's up, but it's not until we get a blow out that we seek out repair. It happens in relationships, with our health, our environment, and beyond. Those important, but not urgent things that we can put off for another day. That is, until we can't anymore. Maybe we make that decision ourselves. Maybe something happens or someone else reveals to us that now is the time for repair.

This month stewardship, domestic violence, and white privilege will all be highlighted through various offerings. In their own way, each of these topics invite us into a "the time is now" moment. They invite us to consider that now is the time to give, to learn, to examine how we treat one another, to listen, to become an ally, and to repair. Each of these offerings will ask us to reflect and take notice of things along our path that perhaps we haven't seen before. They call us to important, prayerful conversations. For some of us they might not feel urgent, but when these aren't tended to, we end up in the repair shop with more than a flat tire on the line. Lives are at stake.

Domestic violence and white privilege are often topics that are not easy to name, and in many cases are forced into silence or to the sidelines. Engaging them requires a kind of vulnerability and strength, that sometimes we'd rather put off until another day. Jesus talked frequently with his disciples and with

those he met along the way about having eyes to see and ears to hear. Really seeing and really hearing, is harder than it sounds. Many of us who are white move through our days with a minimal awareness or even deep denial of how our privilege works. For many of us, we aren't sure what to do if we see someone we love in an unhealthy relationship or if we experience intimate partner abuse first hand. These offerings will help give us eyes to see and ears to hear. They engage the work of physical, emotional, and spiritual healing in which we all have a role.

My experience in the auto shop reminded me of something else. Repair takes time and it requires my investment. Not everything was fixed on this visit. I'll go back for a follow-up, and even after that will need to do regular maintenance. When it comes to stewardship, domestic abuse, dismantling racism and privilege the same is true. It is always a process and not a quick fix.

What is God calling you to see and to hear along your familiar path?
Where is repair needed? Finish the sentence: Now is the time

_____.

Rev. Sarah Akes - Cardwell



Treasurer's Corner



It's October, so it must be time for the Stewardship Campaign. No, I am not going to talk about money. I would like to briefly talk about our accounting for our funds.

Anne Gross, one of our Assistant Treasurers, handles all the funds that come into the church. This includes tracking funds received through Vanco (our on-line giving program: access on website: middlehamandstpeters.org) and also any checks received. Anne tracks those funds and provides me a weekly report of the funds received. Sometimes, however, she is unsure of where to post the monies within the weekly worksheet for the deposits.

This is where we need your help. When writing a check for your pledge or other item, please note in the memo line what the funds are for. For example, if it is pledge and part building fund, note on the line how much each item is for.

It is essential that all those who do pledge complete a pledge card. The pledge card is a tracking device to enable our leadership to determine funding amounts for our 2019 budget. You will soon receive your 2019 Stewardship package that will include a parish letter, pledge card, and the 2019 budget. In order for me to accurately assess our income and expenses, it is extremely important that your pledge card be completed and returned as soon as possible.

Again, thank you so much for being patient with me, for your generosity and your support.

Jackie Vos, Treasurer



Our Second Annual Harvest Tea will be on October 20, from Noon until 1:30 p.m. Tickets are \$20 and includes fun, fellowship, and fabulous food. Our theme is Wonder-Fall. We hope all will come and enjoy this fund raiser for our parish. All are welcome, bring a friend and enjoy. Contact the church office for tickets, or you can pay at the door. Hope to see you there!

STEWARDSHIP

It's More Than Money

People come to churches today because they want to. You come to Middleham and St. Peter's because you want to. Why? What is important to you about Middleham and St. Peter's? What energizes you about the ministries we support here? What do you get from this church that you can't get anywhere else? Let me offer some suggestions to get you thinking:

Fellowship

Community

The satisfaction of helping people on so many levels

Spiritual nourishment

Pastoral Care

An environment that welcomes everyone

A place of comfort, healing, caring and support

An opportunity to give of yourself and share your gifts

Values

Learning experiences

Making a difference

Tradition

Friendship

Family

Love

The ability to feel God's presence in your life

When the time comes each year to think about what Middleham and St. Peter's means to you, something you might take for granted, it's important to remember that giving of your time, talent and treasure not only makes you feel good, but also makes the church feel good. Keeping yourself healthy is a priority for you. Keeping the church healthy with your pledge should be a priority too. Stewardship means helping to take care of the church and the world on behalf of God. Please prayerfully consider what you can do to keep this church healthy and give what you can to support this church that you love.

Blessings,

Joan Shisler, Senior Warden



On Sunday, October 7, we will kick off our annual giving campaign: “Transforming Generosity.” In the weeks following, we will explore together how we can give more generously as individuals and as a community of faith. Giving generously is more than what we do with our financial resources — though that is important. It is also important to be open to new ideas, to welcome the stranger, to volunteer often and support the parish you love by giving faithfully. Your generosity, in response to the abundance in your life, will fund the mission and ministry of Middleham and St. Peter’s and transform lives.

Here is our roadmap for this year’s pledge drive:

Beginning on Sunday, October 7, you will receive your pledge packet at the worship spaces. Continuing throughout the pledge drive, our Sunday bulletin will include reflections written by Episcopal leaders from across the country. These reflections will cover stewardship and faithful giving, and hopefully inspire you to take the steps to give as generously as you can.

On each Sunday in October at each worship space, you will hear a different perspective on Stewardship: October 7, Laura Carpenter and Colleen Davis, Stewardship Chairs, October 14, Joan Shisler, Senior Warden, October 21, Jim Yoe, Junior Warden and October 28, your Vestry members.

On November 18, there will be one joint service at 9:30 am in Smith Hall as we celebrate the culmination of pledging and your generosity. "Thanks for Giving" will begin with a delicious breakfast, followed by the worship service during which we will give thanks for your prayerful giving in response to all that God has provided.

The Vestry has set a goal of receiving 100% of pledge commitments from our worshipping community. We will be in intentional prayer that each of us will remain open to letting the Holy Spirit lead and guide us in a faithful response to being called to give generously with your time, talent and treasure.

Thank you for joining us as we consider how we can live more fully into a generous life. May our journey open us to a new spirit of transforming generosity.

The Stewardship Committee:

Laura Carpenter and
Colleen Davies
Stewardship, Co-Chairs

Joan Shisler,
Senior Warden

Jim Yoe,
Junior Warden

Father David Showers

BUILDINGS AND GROUNDS



The Dedication of Smith Hall

The dedication of the Great Hall in memory of Donalds K. Smith for the generosity of his family to Middleham and St. Peter's Parish took place on Sunday, September 2. The official name of the hall is now "Smith Hall."



Sacristy at Middleham Chapel

Work will soon begin on the sacristy at Middleham Chapel.

New cabinets and countertops will be installed and the floor will be refinished.

The work will be done by Jim Yoe, Jim Shepherd,

Hugh Davies, Gary Breeds and Dan Gross.





Big Conversation Events: Past, Present and Future

Wrap up on Deeping the Discussion on Bias: On September 9, over 140 people braved the rainy elements to participate in the quarterly meeting of the Big Conversation Partners for Dismantling Racism and Privilege in Southern Maryland. The event, hosted jointly by Emmanuel SDA Church and Middleham and St. Peter's, included an interactive presentation by Christopher Hall and a dinner prepared by the folks of Emmanuel. Mr. Hall, an expert in diversity, guided the assembled group to a deeper examination of implicit bias. Through an interactive discussion of systemic bias, Mr. Hall elicited responses from the audience regarding their experiences as Black and White citizens when dealing with various organizations, business and government institutions in Southern Maryland. Many were surprised to discover that the treatment or response experienced is not the same for both groups. During the delicious dinner, the table hosts facilitated small group sharing of their experiences with race and explored ways to improve organizational bias in our communities.

White Privilege Workshop: The Big Conversation steering committee will offer a four-session workshop on White Privilege on Sundays October 14, 21, 28 and November 11 from 2:30 – 4:30 p.m. in the Great Hall. The sessions will use a curriculum developed by the United Church of Christ. It will cover such topic as: What is White Privilege, White Privilege as the Norm, the Cash Value of White Privilege and Becoming an Ally. The facilitators and the participants will be on the same learning journey, of seeing “with new eyes” and working toward God’s Beloved Community. Group size is limited to 30. Enroll before September 30 by email to: bigconmsp@gmail.com.

Annual Big Conversation: Mark your calendar for the Annual Big Conversation on Sunday, January 13, 2019. The topic will be education in the Southern Maryland schools. Look for more information in the November Connector. The Big Conversation is known around Southern Maryland, come see for yourself what it is all about.



Diane Davies for the Big Conversation



WHITE PRIVILEGE

let's talk

A Workshop:

**Sundays in October and
November**

The Big Conversation Committee of Middleham and St. Peter's will offer a workshop on White Privilege/Advantage on Sunday afternoons from 2:30- 4:30 starting October 15 – November 11 in the Great Hall. This is part of the MSP Big Conversation's on-going sacred conversations on race and striving for a Beloved Community. The group will be limited to 30 participants.

This small group workshop will examine what white privilege is, its origins, deepen our awareness of how privilege is made manifest in ourselves and systemically and its consequences, why white people are fragile about talking about race, and finally how to become an ally in the work of unmasking and dismantling white privilege.

As the Big Conversation Committee has studied dismantling racism it has consistently heard from others the refrain, "White people need to talk to one another about race and white privilege." That is the purpose of this workshop: a safe place where people may come with open hearts and open minds to listen, share, and commit to new insights that will lead to new alignments. Both leaders and participants will be on the same learning journey. It is not about guilt but raising up ourselves and our communities to be closer to God's Beloved Community. To enroll in the workshop or questions, email bigconmsp@gmail.com or call the Parish Office 410-326-4948.

Christian Formation

There are great ways to engage with children and youth formation opportunities this month. In addition to these special events, on Sunday mornings from 10:30am-11:30am Sunday School classes continue for ages Pre-K through adults as we make our way closer to the Advent Season.

Blessing of the Animals

Thursday October 4th at 5pm

St. Peter's Chapel Lawn

Bring your pets of all shapes, sizes, and varieties for a blessing and celebration of St. Francis of Assisi! Stuffed animals are welcome too. We'll have a short service with special prayers for all creatures great and small. Fellowship on the lawn will follow. Treats for humans and pets will be available!



Donations for the Humane Society of Calvert County and Pets with Disabilities will be collected at the service. Please consider bringing an item from their "Kennel Wish List"

- Puppy food
- Milk bones
- Canned Pedigree dog food
- Canned cat food
- Kong dog toys

Trunk or Treat

Saturday October 27th 2-4pm



All are invited to this festive and fun event for kids and adults alike. Wear your costumes and visit decorated vehicles of parishioners in the Parish Hall parking lot.

****We need trunk hosts for the event!** If you're interested in hosting (decorating your vehicle and providing candy for trunk or treaters), call Rev. Sarah for more information. 410-326-4948.**

Halloween Youth Group Gathering

Sunday October 28th, 5-7pm

This month's Sunday evening Youth Group event features costume contest and Halloween themed games. We'll also talk about the connection between Halloween, the Day of the Dead, and All Saint's Day. All youth and their friends (6th-12th grade) are welcome.





Nightwatch NYC 2018

Friday November 9th—Saturday November 10th

Nightwatch is an overnight pilgrimage to the Cathedral of St. John the Divine with other youth from across the Diocese of Maryland. It is open to all youth grades 6-12 and costs \$50 (financial assistance is available). Registration is on a first-come, first-served basis and will close as soon as the bus is full. Youth receive an excused absence from the Diocesan office to submit to their schools.

If you have a teenager interested in participating, contact Rev. Sarah ASAP.

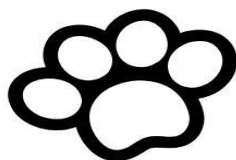
Weekly Email Newsletter for Children and Youth!

Want to know more about what's happening with MSP children and youth ministries? Sign-up for the email newsletter! This resource includes updates related to the latest news in addition to ways to connect what your family is hearing on Sundays with your daily lives.

If you'd like to subscribe, email Rev. Sarah assistant.rector@middlehamandstpeters.org.

Blessing of the Animals

Thursday Oct. 4th
5pm, St. Peter's Chapel
(14590 Solomons Island Road South)



Pets of all shapes, sizes, and varieties welcome! We'll celebrate St. Francis of Assisi with a short service and fellowship on the lawn.

Donations for local pet rescues will be collected.

For More Information

Contact Rev. Sarah assistant.rector@middlehamandstpeters.org or 410-326-4948

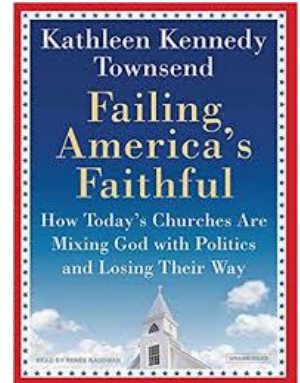
Adult Christian Formation

Asbury Solomons Episcopal Fellowship

Asbury Episcopal Fellowship will meet on Monday, October 8, 2018 (Columbus Day) at noon in the Riverview Dining Room. Speaker will be Kathleen Kennedy Townsend, and her presentation will be an update since her published book in 2007 *"Failing America's Faithful: How Today's Churches Are Mixing God with Politics and Losing Their Way"*.

Reservations should be made by October 4th to Russ Horton,

JRHortonSr@comcast.net or [410-394-3216](tel:410-394-3216).



Coffee and Conversation



Coffee and Conversation continues Sunday mornings starting at 10:30 in the Parish Hall large meeting room. Any questions contact Hugh Davies @ daviesh@comcast.net.

Bible Study

Join Fr. Skip Steiner with a small group study each Tuesday @ 11:00 – Noon in the small conference room. We look at the Gospel for the upcoming Sunday. Then we reflect based upon "Feasting on The Word", and engage in discussion. Please join this small group whenever it fits your schedule. It's informal, and all are welcome.

CONVERSATIONS WITH FR. DAVID SHOWERS

"Come Tell Me A Story" Free Drink With A Story Every Wednesday

2:00 – 4:00 PM @ Roy Rogers in Solomons,M





Deaconess
FAITH COMMUNITY NURSE
Ministries

Parish Health Ministry

Many thanks to all who helped with this year's 9th Annual Health Fair:

Anne Gross

Dan Gross

Beckie Ridgell

Karen Timmons

Ricky Hayes

Anne Hayes

Hugh Davies

Fr. Showers, Fr. Steiner and Rev. Sarah

Jim Shepherd

Jackie Vos

Janet Werner

Jim and Jimmy Yoe

Russ Horton

Betty Eble

Bonnie Tolson

Sally Arbuthnot

Dorothy Wilkins

Joyce Baroney

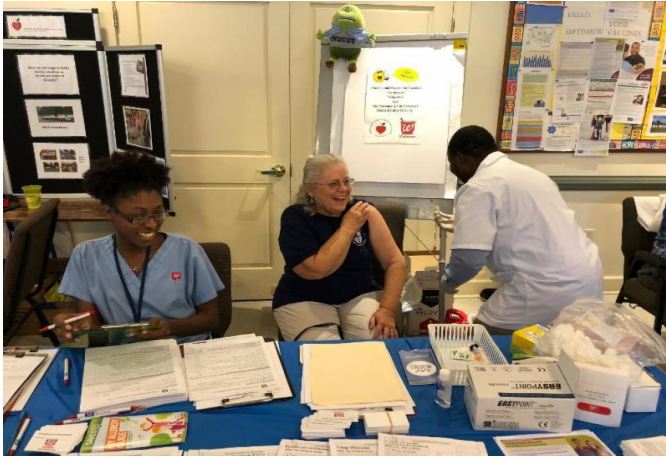
Elizabeth Broadus

Karl Garland

Joan Shisler

Boy Scouts Troup 1684

Special thanks to Walgreens for joining in this effort and the Community LifeCenter for making the vaccines FREE!



Here is a list of vendors for this year's Health Fair 2018

Calvert Can/Diabetes
Advanced Directives
Pul Function/Sleep Lab
HRA's
Vascular/Stroke
Skin CA screening

Walgreens/Pharmacy

Community Life Center/Domestic Violence

Health Dept.- Colon CA, Breast CA, Cervical CA

Smoking/Mental Health

Crisis Intervention/Substance Abuse/MH
Diabetes

Seedco- Insurance

Cholesterol testing- Suburban Hospital

Alexander Chiropractic

Gateau PT

Hospice/Parkinsons

Beckie Ridgell- So. MD Meditation Comm.

Lee Ritter- long term health care

MD Coalition of Families

Freedom Hearing

Rainbow

Bonnie Newland- dietician

Judy Center

Envision Hypnosis

Outside: Health van- Dental

Lion's Club

Sheriff- carseats/Bike safety

Fire Prevention trailer

Office on Aging- project lifesaver

We wish to give special thanks to the Boy Scout troop 1684 for their help with parking and to our speakers: Lee Ritter from Edward Jones Financial, Dr. Faris Hawit, Karen Mohn, Dr. Polsky and David Sacks!

We also thank the folks from Calvary Bible- Trish and Paul Douglas and from Huntingtown Methodist- Marcia Monnett and Mary Jo Cosmos. Also Donna Culbreth and Jen Lundeen from Calvert Health.







Haiti School School Nurse News

October 2018

Our big news is that our nurse - Yola Clervil – is on board! She is a fully certified nurse practitioner and a graduate of Episcopal School of Nursing in Haiti (FSIL). She will participate in a school opening celebration and mass at the first school where she will be working - Sainte Croix Episcopal School - during September. She will prepare for school opening with the first of the three schools in the program – Sainte Croix – where school starts for students on October 1.

The Haiti School Nurse Team at MSP includes:

Hugh Davies	Dale Yoe	Dr. Nancy Briggs
Diane Davies	Sally Arbuthnot	Carolyn Steiner
Rev. David Showers	Rev. Sarah Akers-Cardwell	

About the overall project and phase one – Phase one included a team forming at Middleham in 2011 to design and support a school nurse program in Haiti. This initiative was in response to the 2010 earthquake and a local request for health care at a school. Key features of the approach included the development of a program design and administrative documents such as job descriptions and reporting procedures and documenting all aspects of the project so that it might be replicated at other locations. The initial outcome was our team going to Haiti in October 2011 and the hiring of a nurse by the local Episcopal parish in Gros Morne. The project started in March 2012. The Middleham team returned in 2012 and 13. The school nurse project at La Resurrection Parish and School operated for three years. Considerable health care was provided during that period, showing the impact that a school nurse could have on the students, school, and community.

Setting a new direction in phase two - After spending considerable time exploring options for continuation, our Middleham team decided in March 2017 to pursue a partnership with FSIL – the [Faculté des Sciences Infirmières de l'Université Episcopale d'Haïti](#) (the School of Nursing of the Episcopal University of Haiti). An initial agreement with FSIL was signed in November 2017 to work together to establish a school nursing program at three schools in Leogane, Haiti. Leogane was the epicenter of the 2010

earthquake and the need there for children’s healthcare, as in all Haiti, is profound. FSIL is the first four-year baccalaureate school of nursing in Haiti and is ranked as the top nursing school in the country. FSIL officials were also very interested in initiating a school-based program and provided us with a proposal entitled “Healthy Schools / Students for a Healthier Haiti”.

A final agreement was reached in June 2018 between FSIL and the parish. Our approach with FSIL provides for a full-time nurse practitioner who has graduated from FSIL administering the program at three elementary schools, with three third-year nursing students from FSIL assisting in the provision of health services to the students. Each school has 200 students. The service design includes:

1. Providing immediate health care to the students at the school
2. Assessment and recordkeeping of the health of all students to improve their long-term health status
3. Providing health education to all students
4. Extending health resources to students’ families and improving access to other health resources in the community and beyond

What has been happening –

- Starting the Friends of the Haiti School Nurse project – We are inviting interested individuals to become “Friends of the Haiti School Nurse Project”. We want to include persons who have a real interest in the project but do not want to make a commitment to be on the committee. We welcome their assistance and support and commit to keeping them informed about project progress on a regular basis.
- National Association of School Nursing (NASN) and reaching out to school nurses – We have met with the executive director of NASN by conference call to explore how they might support the program. Dale Yoe also met with their director of research around resources for evaluation and curriculum. We can look forward to good support from NASN. We are also reaching out to school nurses in the area to get their input and welcome them as “Friends”.
- Gathering supplies and equipment – Dale is working on obtaining an audiometer, stethoscopes, otoscope, blood pressure cuffs (including a pediatric size), and eye

chart. Dale indicated that she will get son Jimmy to recondition a laptop and install Microsoft office software that we can take to the nurse.

Looking forward -

- Following up with the Diocese - We are looking forward to meeting in October with the Episcopal Diocese of Maryland regarding support for the project through an updated "Nickels for Nurses" Lenten project for all churches in the Diocese, and to explore a longer-term six-year support arrangement. The meeting will be at the invitation of the Diocese Chief Financial Officer Karen Stewart and include the newly appointed Canon for Mission.
- Team going to Haiti - Hugh and Diane Davies and Dale Yoe will travel to Haiti on December 3 - 6 to meet with Nurse Yola, our FSIL partners, school officials, and observe the program in operation with the children.



SOME THOUGHTS ON PREGNANCY LOSS AWARENESS

I am writing today to discuss pregnancy loss and miscarriage awareness. I am not writing as a health care professional or emergency medical responder. I am writing as a husband and father. A short search of the internet will lead you to terms like rainbow baby and purple butterfly stickers. I will share the meaning of both with a note of caution. A rainbow baby refers to a child born after the mother has suffered a miscarriage. The purple butterfly sticker shows that the child you are looking at was part of a “multiple” pregnancy (twins, triplets, etc.) and not all the babies survived. Please take a moment and let that sink in.

Think about these terms and symbols before you ask about when you are going to have a baby, or another one, or before you say “I thought you were having twins.” I have seen plenty of people dealing with both cases in my field of work but worse is I have experienced them in my personal life. I have a couple of rainbow babies running around my house right now. I remember vividly the excitement of being told that my wife was expecting a child and the crushing sorrow of being told she had a miscarriage. What is worse is having to watch my wife suffer those same pains. Watch her deal with the questions like what did I do wrong? Or was this my fault? I have watched people happily ask my wife when we were going to have another child? I remember about 2 years ago I got a call at work there was big news. I came happily home knowing that there was a new member of the family on the way. I also remember the pain of that night as the cramping and bleeding started and knowing what that meant. The worse memory of those few days was Sunday morning. It was almost impossible to hide how I felt but I tried. I remember how my heart sank when I watched a well-meaning person ask Anne if we were going to have more kids. I don’t know how she smiled as she answered in a vague way and turned to head of to some pressing matter. I don’t think there was anything we had to do other

than get away from what had just happened. I know the person who asked didn't know, I know they didn't mean to hurt anyone.

In our world today, things like infertility and miscarriage are almost taboo. People are not always comfortable sharing their stories on those fronts. Maybe it's a sense of shame stemming from their trouble conceiving. Maybe a medical condition affected them in some way. There could be a million reasons why they are having trouble or don't want to share. It is a personal issue and struggle. I have just a few more thoughts to share. If you are ever curious about if/when someone is planning to have a child be careful. Your curiosity can cause so much pain and heart ache. Remember you don't know what the person in front of you. Please be careful the innocent question you intend to ask may just be a life altering event.

Ricky Hayes for Parish Health

ALL SAINT'S DAY JOINT SERVICE

There will be a Joint Service on November 4, 2018 at 9:30 AM. Please call the office if you would like to add someone to the roll of names of people whom we have lost this past year as they are remembered with the lighting of a candle.





The Community Life Center and Health
Ministry invite you to:

**Get information and Ask the Experts About
Domestic Violence and Intimate Partner Abuse**

**Come join the Conversation that
could save a life!**

October 13, 2018 from 9AM-1PM &

Learn how to identify the red flags: view the film "Escalation" and participate in a discussion

December 2nd from 2PM -4PM

Join a participant-led discussion with a panel of representatives from crisis intervention, law enforcement, legal, and social services agencies

At the Middleham and St. Peter's Hall- 10210 HG Trueman Rd. Lusby, MD

Are you able to help someone identify what an unhealthy relationship may look like?

Would you know how to encourage someone to speak up or take action for themselves or a friend?

We invite you to bring your teens to join us.



**To save a seat or get more info:
Call 410-326-4948**

Light refreshments will be provided



OUTREACH

Outreach held it's quarterly meeting on September 19th. Carolyn Steiner is now the chairperson for this committee. Continue to look for many outreach projects in the future for MSP as they are highlighted on a monthly basis.

FOOD DISTRIBUTION & COMMUNITY GARDEN



mark_pesola@hotmail.com

HeartFELT 2018-2019

The Heart FELT backpack program kicked off the 2018/2019 school year serving 24 students at two local middle schools, Southern Middle and Mill Creek Middle. Weekly, volunteers pack 6-7 pounds of food into reusable grocery bags with shelf stable foods for breakfast, lunch dinner, snacks, and donated Panera bread. A second team of volunteers delivers the bags to both schools on Friday mornings for the kids to pick up on their way out of school on Friday afternoon.

The Girl Scouts hosted a food drive at the Giant Store in Prince Frederick and the Walmart Store in Dunkirk collecting 2,111 pounds of food last weekend. Literally a ton of food ALL for HeartFELT Programs in Calvert County. 15 people from 10 different churches in our region sorted the food in 2 hours and churches literally took as much as they could haul and store. Our church was the benefactor of 3 huge boxes of food which helps defer the cost of weekly food shopping. What a great way to start the year!

If you want to help, we are always in need of financial contributions to purchase food, donated food (see requested list below), and new volunteers to keep the process running smoothly.

Food Requests	Cereal (small boxes, cups or packets)
Juice (boxes or pouches)	Microwave Popcorn
Macaroni and Cheese (cups or packets)	Vegetables (small cans or plastic containers)

If you want to join the team or have any questions, please contact Elizabeth Broadus.

Thank you for your support!

Elizabeth Broadus, HeartFELT Coordinator - elizabethruggles@comcast.net or at 240-925-1681.

2nd Annual Harvest Tea

October 20, 2018
Noon - 1:30

Tickets \$20.00

Purchase Tickets
In
Advance



Come and enjoy the day, bring a friend and bring your favorite tea cup. Delicious finger sandwiches, sweets and a variety of teas to choose from. There will be door prizes and fellowship.

**Middleham and St. Peter's Episcopal Church
10210 HG Trueman RD Lusby, MD 20657
CALL - 410-326-4948**

SOLEFUL STRUTTERS WALKING GROUP

Walking group still meeting in October on Wednesdays, @ 10:00 AM, on the boardwalk in Solomons. Days should be cooler, with fall leaves and breezes off the river, led by Karen Timmons.

Soleful Strutters Field Trips.

October & November the walking group will meet up at Anne Marie Gardens the 1st Saturday to walk through Maker's Market at Anne Marie Gardens @ 10:00 AM.

More upcoming walking locations in the weekly email and next Connector.

This group is open to the community for participation, invite a friend. Everyone, get out and move for your health and fellowship.

For information please email soleful.strutters@middlehamandstpeters.org

Or call and leave a message at Middleham and St. Peter's Parish Office @ 410-326-4948

Walking Group Coordinators, Karen Timmons and Joan Shisler



Books & Banter Mystery Book Club”

Our book club has a few changes this Fall.

Starts Friday October 12th @ 10:00 AM @ Roy Rogers in Solomons

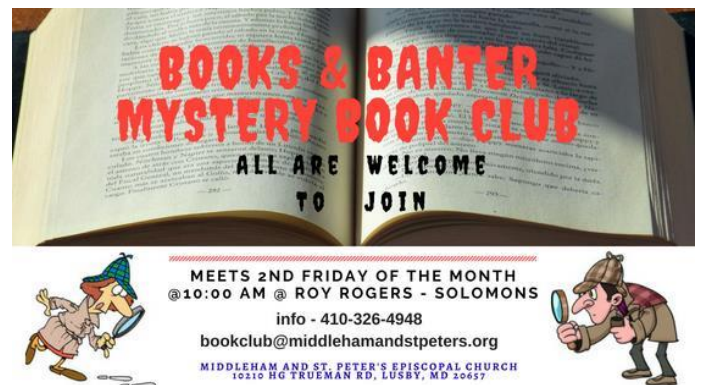
This book club is intended to be fun and light reading. Each month we will gather to discuss the book selection, fun conversation, and great breakfast choices. This is open to all from the community so feel free to invite someone.

Book Selection for the October discussion is *Ghostly Paws* (Mystic Notch Cozy Mystery Series Volume 1) by Leighann Dobbs. It is available on Amazon.com In October we will decide what to the read together next.

The book club will meet the 2nd Friday of every month.

This is open to all from the community so feel free to invite someone.

Have any questions just send us an email, bookclub@middlehamandstpeters.org.



“Evening Meditation”

Evening Meditation will be held each month on the 1st and 3rd Tuesdays

@ 6:30 - 8:00 PM.

"We will come together for sitting and walking meditation, followed by a discussion on practicing mindfulness in daily life." This offering is sponsored by Southern Maryland Meditation Community. There is no registration required. Drop-Ins Welcome, open to all in the community. This event is held at Middleham and St. Peter's Parish in Smith Hall.



October 2nd Mindful Listening October 16th Mindful Speaking

A special Meditation Evening will be held on Tuesday October 30th @ 6:30.

For information - Ellie Steveling 443-404-8398 or info@somdmeditationcommunity.org

Middleham Chapel Open To The Community

**3rd Tuesdays 5:00 PM - 6:00 PM For Personal Prayer,
Reflection or Meditation**

You can bring something to read or just sit and enjoy the quiet. Bring a light meal and enjoy out at the picnic tables. Meditation evening begins at 6:30 in Smith Hall sponsored by The Southern MD Meditation Community, just a short jaunt over from the chapel and picnic area. All are welcome.



Middleham & St. Peter's Labyrinth Restoration Project

"Finger Labyrinth Raffle"

Beautiful 12.5" two-sided carved bamboo finger labyrinth in the Chartres style with stand and instructions. Valued at \$85.
\$2/ticket \$5/3 tickets



Opportunities to buy tickets include but are not limited to:

- October 2nd & 16th - Tuesday Evening Meditations
- October 20th - 2nd Annual Fall Harvest Tea
- November 3rd - "Community Day of Mindfulness" (drawing winner the end of this day)

Drawing will take place at the end of the Day of Mindfulness Nov. 3. You do not need to be present to win.

Donate via MAIL:

When making a donation by mail, use the following address:

Middleham and St. Peter's Episcopal Church
PO Box 277
Lusby, MD 20657.

Make checks payable to: Middleham and St. Peter's Episcopal Church
In the memo line on the check, please write "Labyrinth Project" to ensure your donation is routed correctly.

Donate via INTERNET:

1. Use the direct link for Middleham and St. Peter's Episcopal Church Giving Online:
<http://www.middlehamandstpeters.org/giving/givingonline/>

If you need assistance in donating online you may call the Parish Office @ 410-326-4948

2. Scroll to the bottom of the page and click on GIVE NOW
3. At the bottom of the list, choose the Other line and enter donation amount
4. ***IMPORTANT*** In the box next to the donation amount entered, type "Labyrinth"



**TRUNK OR TREAT
MIDDLEHAM AND ST.
PETER'S PARISH
SATURDAY OCTOBER
27TH 2-4 PM**

All are invited to this festive and fun event for kids and adults alike. Wear your costumes and visit decorated vehicles in the Parish Hall parking lot. If you are interested in hosting a trunk, decorating it and providing candy for trunk or treaters, call the office for more information.

410-326-4948

Middleham and St. Peter's Episcopal Church
10210 HG Trueman RD Lusby MD 20657



Saturday, September 29th @ 9:00 AM – Noon Sexuality, Gender and Faith Workshop

Sunday, September 30th Guest Preacher at both Chapels, Rev. Marie Alford-Harkey



Tuesday, October 2nd @ 10:00 AM Staff Meeting

Tuesday, October 2nd @ 11:00 AM Bible Study

Tuesday, October 2nd & October 16th @ 6:30 PM Meditation in Smith Hall - Open to all, 1st and 3rd Tuesdays.

Tuesday, October 2nd @ 7:00 PM Vestry Meeting

Wednesday, October 3rd @ 10:00 AM - 2:00 PM - The Southern Maryland Job Source Van (MCC) at SMILE

Wednesday, October 3rd, 10th, 17th, 24th & 31st @ 10:30 AM HeartFELT packing volunteers welcome

**Wednesday, October 3rd, 10th, 17th, 24th & 31st @ 10:00 – 11:00 AM Soleful Strutters Walking Group on Solomons' Boardwalk, weather permitting. Meet up at start of boardwalk across from OLSS.
Group Leader – Karen Timmons**

Wednesday, October 3rd, 10th, 17th, 24th & 31st @ 2:00 – 4:00 PM "Tell Me A Story" Fr. David Showers at Roy Rogers

Wednesday, October 3rd, 10th, 17th, 24th & 31st @ 7:00 PM Boy Scout Troop 1684

Thursday, October 4th @ 5:00 PM Blessing of the Animals at St. Peter's Chapel, Solomons Island

Thursday, October 4th, 11th, 18th, & 25th @ 6:15 Bell Choir

Thursday, October 4th, 11th, 18th, & 25th @ 7:00 PM Education For Ministry (EFM)

Monday, October 8th - Columbus Day Parish Offices Closed

Monday, October 8th @ Noon Asbury Episcopal Fellowship

Monday, October 8th @ 3:00 PM - Daughters of the King

Tuesday, October 9th @ 1:00 PM Food Distribution Prep time, volunteers needed

Wednesday, October 10th @ 10:00 AM – 2:00 PM A Nurse Practitioner and the Health Van, sponsored by Calvert Memorial Hospital, will be at SMILE.

Wednesday, October 10th @ 1:30 PM Labyrinth Restoration Committee Meeting

Thursday, October 11th @ 6:00 PM SMILE Board Meeting

Friday, October 12th @ 10:00 AM – Books & Banter Mystery Book Club @ Roy Rogers in Solomons

Saturday, October 13th @ 9:00 – 1:00 PM - Domestic Violence

Sunday, October 14th, 21st & 28th @ 2:30 – 4:30 PM – White Privilege

Tuesday, October 16th @ 5:00 – 6:00 PM Middleham Chapel Open 3rd Tuesdays each month

Wednesday, October 17th @ 9:00 AM Big Conversation Planning Meeting

Wednesday, October 17th @ 4:30 PM Parish Planning Meeting

Thursday, October 18th @ 10:00 AM WCS Steering Committee Meeting

Saturday, October 20th @ Noon – 1:30 2nd Annual Harvest Tea

Monday October 22nd @ 7:00 PM Finance Committee Meeting

Saturday, October 27th @ 2:00 – 4:00 PM Trunk or Treat

Sunday, October 28th @ 5:00 PM Youth Group

Tuesday, October 30th @ 6:00 PM Vitality Team Meeting

Tuesday, October 30th @ 6:30 PM Special Meditation Evening in Smith Hall



Connector Article Deadline

The deadline for submissions for NOVEMBER EDITION is Monday October 15th.

Thanks so much, [Karen Timmons, Communications](#)

**MARK YOUR
CALENDAR!**

October 4th – Blessing of the Animals @ 4:00 PM – St. Peter’s Chapel

October 7th – Stewardship Kick-Off

October 8th – Asbury Episcopal Fellowship – Author Kathleen Kennedy Townsend

October 13th – Domestic Violence 9:00 AM – 1:00 PM

October 14th, 21st, 28th and November 11th – White Privilege @ 2:30 – 4:30 PM

October 20th – 2nd Annual Harvest Tea Noon – 1:30 PM

October 27th – Trunk or Treat 2:00 PM – 4:00 PM

October 30th – Special Meditation Evening @ 6:30 PM in Smith Hall

November 3rd – “Community Day of Mindfulness” 9:00 AM – 3:30 PM

November 4th All Saints Joint Service @ 9:30 AM

November 18th - “Thanks for Giving” Joint Service and Breakfast @ 9:30 AM



**OCTOBER BIRTHDAY
CELEBRATIONS**

Dale Yoe	10/03
Nancy Favor	10/04
Jess Kury	10/05
Brendan Truitt	10/07
Nancy Warren	10/07
Karen Pardoe	10/08
Doug Smith	10/08
Alden Gross	10/10
Abigail Simmons	10/13
Jeanne Vote	10/13
Penney File	10/17
Dorothy Swann	10/19
David Hollweger	10/20
Hannah Connolly	10/21
Bob Stephenson	10/21
Anne Gross	10/22
Flo Russell	10/22
Kristin Sandusky	10/23
Anne Hayes	10/24
Zachary Connolly	10/24
Karen Wilson	10/29
Channing J. Hall (CJ)	10/31



OCTOBER ANNIVERSARIES

Mark & Lucy Tonacci	10/05
Jon & Mary Ellen Davis	10/11
Russell & Rachel Clift	10/20
Bernard & Eileen Curley	10/22

Birthdays and Anniversaries

Each month birthdays and anniversaries of parishioners are listed in the Connector. But our records are not perfect. Even some very long-standing parishioners are not listed. Have you seen your date(s) listed? If not or if you are not sure, please call the office (410-326-4948) to check. We want everyone included!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
	1 6:00 PM AA Meeting	2 10:00 AM Staff Meeting 11:00 AM Bible Study 6:30 PM Meditation 7:00 PM Vestry 8:00 PM AA Meeting	3 9:00 AM HE-St. Peter's 10-2:00 PM JobSource Van @ SMILE 10:00 AM Soleful Strutters - Solomons 10:30 AM HEARTFELT 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts - 1684	4 5:00 PM Blessing of the Animals @ St. Peter's Chapel 7:00 PM EFM	5 5:00 PM Girl Scouts Troops 2762/4545	6 PRAD 10:00 AM Soleful Strutters @ Makers Market 10:00 AM Overeaters Anon 7:00 PM AA Meeting
7 PRAD STEWARDSHIP KICK-OFF 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 10:30 AM Christian Formation 11:15 AM HE Middleham	8 COLUMBUS DAY 12:00 PM Asbury Episcopal Fellowship 3:00 PM Daughters of the King 6:00 PM AA Meeting	9 11:00 AM Bible Study 1:00 PM Food Distribution Prep 3:00 PM Food Distribution 8:00 PM AA Meeting	10 9:00 AM HE-St. Peter's 10:00 - 2:00 Health Van @ SMILE 10:00 AM Soleful Strutters - Solomons 10:30 AM HEARTFELT 1:30 PM Labyrinth Reconstruction Committee Mtg. 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts - 1684	11 6:00 PM SMILE BRD Mtg. 6:15 PM Bell Choir 7:00 PM EFM	12 10:00 AM Books & Banter Mystery Book Club @ Roy Rogers in Solomons 5:00 PM Girl Scouts Troops 2762/4545	13 9:00 AM - 1:00 PM Domestic Violence 10:00 AM Overeaters Anon 7:00 PM AA Meeting
14 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 10:30 AM Christian Formation 11:15 AM HE Middleham 2:30 PM White Privilege CLERGY CONFERENCE CLAGGETT	15 6:00 PM AA Meeting	16 11:00 AM Bible Study 5:00 PM - 6:00 PM Middleham Chapel Open 6:30 PM Meditation 7:00 PM Regional Council 8:00 PM AA Meeting	17 9:00 AM HE-St. Peter's 9:00 AM Big Conv Planning 10:00 AM Soleful Strutters - Solomons 10:30 AM HEARTFELT 2:00 PM Fr. David @ Roy Rogers 4:30 PM Parish Planning Mtg. 7:00 PM Boy Scouts - 1684	18 10:00 AM WCS Steering Committee Meeting 6:15 PM Bell Choir 7:00 PM EFM	19 9:00 AM Harvest Tea Setup 5:00 PM Girl Scouts Troops 2762/4545	20 10:00 AM Overeaters Anon Noon - 1:30 PM Harvest Tea 7:00 PM AA Meeting
21 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 10:30 AM Christian Formation 11:15 AM HE Middleham 2:30 PM White Privilege	22 6:00 PM AA Meeting 7:00 PM Finance Committee Mtg.	23 11:00 AM Bible Study 8:00 PM AA Meeting	24 9:00 AM HE-St. Peter's 10:00 AM Soleful Strutters - Solomons 10:30 AM HEARTFELT 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts - 1684	25 6:15 PM Bell Choir 7:00 PM EFM	26 5:00 PM Girl Scouts Troops 2762/4545	27 10:00 AM Overeaters Anon 2:00 - 4:00 PM Trunk or Treat 7:00 PM AA Meeting
28 8:30 AM HE St. Peter's 9:30 AM HE Great Hall 10:30 AM Christian Formation 11:15 AM HE Middleham 2:30 PM White Privilege 5:00 PM Youth Group	29 6:00 PM AA Meeting	30 11:00 AM Bible Study 6:00 PM Vitality Team 6:30 - Meditation 8:00 PM AA Meeting	31 HALLOWEEN 9:00 AM HE-St. Peter's 10:00 AM Soleful Strutters - Solomons 10:30 AM HEARTFELT 2:00 PM Fr. David @ Roy Rogers 7:00 PM Boy Scouts - 1684	 <p>October is... National Animal Safety & Protection Month www.NationalDayCalendar.com</p>		



Altar Guild

ST. PETER'S: JOAN HOGENSON & LUCY TONACCI
GREAT HALL: DIANE DAVIES & ANNE GROSS
MIDDLEHAM: NORMA LEE BUCKLER & SHARON CARGO

DATE	SERVICE Time & Location	CELEBRANT	CHALICIST	READER	GREETERS	HEALING St. Peter's @ 9:00 AM
10-07-18	8:30 AM St. Peter's	Father Showers	Bill Miller	Jack Briggs	Bernie Helms & Russ Horton	10-03-18 & 10-10-18
<u>Twentieth Sunday after Pentecost Proper 22</u>	9:30 AM Smith Hall	Rev. Akes-Cardwell	Diane Davies	Avery Kury		Fr. Showers
	11:15 AM Middleham	Father Showers	Mike Shisler	Zach Connolly		
10-14-18	8:30 AM St. Peter's	Father Showers	Sally Ray	Judy Seymour	Betty & George Eble	10-17-18
<u>Twenty First Sunday after Pentecost Proper 23</u>	9:30 AM Smith Hall	Rev. Akes-Cardwell	Karl Garland			Fr. Showers
	11:15 AM Middleham	Father Showers	Jackie Vos	Claude Martin		
10-21-18	8:30 AM St. Peter's	Father Showers	Anne Gross	Brenda Hollweger	Dick & Rosemary Staley	10-24-18
<u>Twenty Second Sunday after Pentecost Proper 24</u>	9:30 AM Smith Hall	Rev. Akes-Cardwell	Laura Carpenter			Fr. Showers
	11:15 AM Middleham	Father Showers	Tom Briggs	Sharon Cargo		
10-28-18	8:30 AM St. Peter's	Rev. Akes-Cardwell	Betty Eble	Nancy Briggs	Jim & Anita Shepherd	10-31-18
<u>Twenty Third Sunday after Pentecost Proper 25</u>	9:30 AM Smith Hall	Father Showers	Sally Ray			Fr. Steiner
	11:15 AM Middleham	Rev. Akes-Cardwell	Karen Wilson	Bruce Calvin		